

Tidmarsh with Sulham Parish Magazine

SUMMER 2026



Did you know...

We have SIX MOT Testers



We have six MOT testers on-site to serve our customers.

Call us today to book your MOT test.

Will, Graham, Simon, Reece, Rob and Simon (left-right) are all part of our valued team



Email: enquiries@prmotors.biz

Web: prmotors.biz

Tel: 0118 984 4889



Opening times: **Mon-Fri: 7:30am - 5:30pm**

Welcome to the Summer edition of the Tidmarsh with Sulham magazine! We have been blessed again with a dry and warm spring, and with summer on its way hopefully more fine weather and village events to look forward to. First, Jazz on the Green on 18th July, which will be a great opportunity to get together with everyone over a picnic and featuring the Roy Bailey Big Band. Then the Autumn Show - so popular last year, is being held again on 5 September for you to showcase your horticultural, handicraft and artistic prowess!

You can find details of both events in this issue, together with dates for more events being planned in the autumn. Among the other topics for this issue we have an article on the history of Tidmarsh Mill, a reminder on skin safety, some summer recipes to try as well as updates from all of our regular contributors.

Thanks to Gillian Alderton for the front cover capturing the top field above Sulham Woods.

As always, please keep your ideas and contributions for new content coming! Wishing you all good health and a glorious summer.

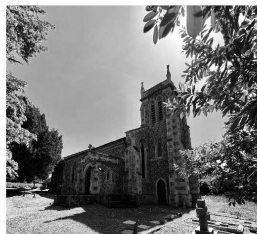
Lucy Clow, Editor

editortsmag@gmail.com

DATES FOR YOU DIARY

DATE	EVENT	TIME
3 July	Village Walk - Meet at Village Hall	9.30 am
	Coffee Morning - Village Hall	11.00 am
5 July	Holy Communion - St Laurence Church, Tidmarsh	11.15 am
8 July	Parish Council Meeting - Village Hall	8.00 pm
18 July	Jazz on the Green	12.30 pm
19 July	Morning Worship - St Nicholas Church, Sulham	11.15 am
3 August	Holy Communion - St Laurence Church, Tidmarsh	11.15 am
7 August	Village Walk - Meet at Village Hall	9.30 am
	Coffee Morning - Village Hall	11.00 am
16 August	Morning Worship - St Nicholas Church, Sulham	11.15 am
4 September	Village Walk - Meet at Village Hall	9.30 am
	Coffee Morning - Village Hall	11.00 am
5 September	Village Show	2.00 pm
6 September	Holy Communion - St Laurence Church, Tidmarsh	11.15 am
9 September	Parish Council Meeting - Village Hall	8.00 pm
13 September	Village Cricket Match - Sulhamstead Cricket Club	TBC
20 September	Morning Worship - St Nicholas Church, Sulham	11.15 am

CHURCH NEWS FUNDING



Please donate to keep our churches.

Please consider a monthly donation, however small.

Last year we were short of £10,000 and we need help with the daily running of the churches. They are not centrally funded and we rely solely on donations from the community.

What does the church do for you?

- A beautiful building at the heart of our villages
- A place for weddings, baptisms and funerals
- A safe haven for reflection and worship

They are funded entirely by voluntary donations and it would be wonderful if everyone in the villages might consider giving a small monthly donation to keep the churches running.



Scan me to donate!

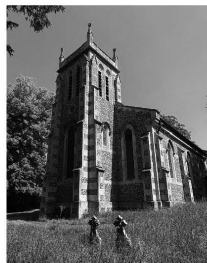


easyfundraising

Another easy way to give money is through your weekly shop.

Shopping at **Sainsbury's, Tesco, Waitrose or Asda?**

When you shop online through easyfundraising, these shops will donate directly to The Parish of Pangbourne with Tidmarsh and Sulham. It doesn't cost you anything extra.



Sign up here:

<https://www.easyfundraising.org.uk/causes/parish-of-pangbourne-with-tidmarsh-and-sulham>

And to those of you who came to the Pangbourne Fete and received a packet of **sunflower seeds**, we hope you have planted them and are enjoying seeing the first shoots appear!



ST NICHOLAS CHURCH DECORATION

Towards the end of July we are hoping to commence redecoration to part of St Nicholas church in Sulham. We are expecting to receive the final go ahead before the end of June. Thanks to generous donations, we currently have funds to decorate from the tower to as far as the chancel. The work will be carried out by a Conservator and a specialist conservation company who will ensure that the correct procedures are followed to preserve original decorative features, although these will remain covered.

We would love to be able to raise further funds to also decorate the chancel. Also, there is an option to complete a project to uncover some of the original decoration in the Apse as this is in good condition underneath the wall paper.

If you would like to make a donation towards repairs and redecoration please contact the church treasurer Stephen Billyeald on 01189 843 368 or office.ptschurches@gmail.com.

We are very grateful to St Nicholas church & PCC member, Mark Littledale, who has taken on coordination of this project following the roof leak, water damage and subsequent damp issues to the bell tower and church interior.

EXTENDING A WARM WELCOME TO THE STINTON FAMILY

We are delighted to welcome the Stinton family to Tidmarsh.

Having moved from Berkhamsted, Hertfordshire, in October, the family chose Tidmarsh because of its proximity to excellent local schools. Since arriving, they have been settling into village life and enjoying all that the local area has to offer.

"We are settling in well to village life and are enjoying the countryside and spring sunshine after a long winter. In addition to running along the Thames and playing tennis in Pangbourne, there are lots of great pubs to discover. I am pleased to have found Tutts Clump cider as a local delicacy!"

The family are looking forward to exploring more of the area and meeting more people within the community. While they occasionally miss the convenience of having a high street on their doorstep, they have quickly come to appreciate the many benefits of village living. "It's a great village and area for families and we are looking forward to lots of adventures ahead."

We wish the Stinton family a very warm welcome and every happiness in their new home.

VILLAGE WALKS AND COFFEE MORNING

Village Walks take place on the first Friday of every month; meet at 9.30am at the Village Hall. Everyone is welcome, with easy paced walks lasting approx' 1.5 hours. Followed by a community coffee morning in the Village Hall at 11.00 am; All are Welcome even if not walking.

KEEPING IN TOUCH WITH WHAT'S GOING ON IN THE VILLAGES

Beside the Parish magazine and posters of upcoming events, don't forget that we also have a parish website, which hosts a noticeboard of events and parish news: www.tidmarshwithsulham.co.uk

IN MEMORY

CELEBRATING THE LIFE OF JOHN HARLAND - We Invite You to Share Your Memories

It is with both sadness and gratitude that we remember the life of John Harland, who recently passed away at the wonderful age of 94. John was a much-loved member of our parish community whose presence, community spirit, friendship, warmth and kindness touched many lives over the years.

In this edition we include two tributes to John that were put together by some of those that knew him well. In the autumn edition of the parish magazine, we would like to celebrate John's life more comprehensively by gathering memories, stories and reflections from across our community. Whether your memory is humorous, heartfelt, simple or profound, we'd be delighted to include it as we give thanks for a life so well lived.

Please email editorsmag@gmail.com by 15 August with your favourite memory of John.

REMEMBERING JOHN HARLAND

On Saturday 23rd May, the residents of Tidmarsh and Sulham were shocked to hear of the unexpected death of John Harland. Having been a stalwart of the area for more than 70 years, John seemed to many of us to be almost invincible.

John and Jean moved into their present home in 1955 and were instrumental in organising and supporting many aspects of village life. John could regularly be seen tending the grounds of the village hall, collecting for his favourite charities — notably Thames Valley Air Ambulance and the Royal British Legion Poppy Appeal — as well as walking into Pangbourne or down to The Greyhound pub.



Sally and I first met John and Jean 30 years ago when we moved to the village. We quickly became firm friends and, at least two or three times a week, would meet for drinks, games of snooker, or simply a chat and some good company.

John always had a smile on his face and I will never forget the number of times he would walk into the pub grinning and announce, "ERNIE's been to see me today!", having once again enjoyed success with his Premium Bonds.

Among his many talents and interests were table tennis, bell ringing, handbells, cricket, snooker, quizzes, raffles, and organising village events — not forgetting his occasional knack for picking a winning horse!

John lived life to the full and gave so much to the communities of Tidmarsh and Sulham. The village has lost a fine, upstanding pillar of the community and a true friend to many. He will be sorely missed.

Ian White

JOHN HARLAND – a gentle “gentleman”!

Tidmarsh and Sulham have lost a village treasure, someone who has been called in the past week “a special person”, “community legend”, “presence in the village”, and “a generous man”. John was an unassuming man of gentle spirit, offering kindly words, with an ever-present twinkle in his eye, and a lovely sense of fun.

Many of those who live in Tidmarsh and Sulham have known John and Jean for many years and they have become much-loved, familiar figures in the village, always part of village and community life. John's presence and qualities have also touched and been cherished by many in Pangbourne.

John, one of three children, met Jean in 1954. According to Jean, he caught her eye whilst he was attending St. Nicholas' Church in Sulham due to looking very dapper in his RAF uniform. Love blossomed and they married in 1955 in St. Nicholas' Church on Jean's birthday, to ensure he would never forget her birthday or their anniversary! They welcomed a son, Stephen, although sadly he later died. Last year,

John and Jean celebrated their Platinum Wedding Anniversary (70 years) - a wonderful milestone. He completed National Service in the RAF and spent a further year in the Force to ponder what he wanted to do. He joined the Prudential: before he retired John, "the man from the Pru", walked enormous distances around his "patch" every day.

John and Jean shared a love of Welsh Springer Spaniels and were the proud owners of several of these over the years. They once owned a motorhome and spent many happy trips away in it. John was an avid gardener and would happily exchange progress updates about his fruit and vegetables with village friends who were also keen gardeners.

John was such an active man with many interests and was instrumental in spearheading or assisting community projects and events: Jean asserted John would never sit still!

He was a talented table tennis player, being a founder member of Tidmarsh Table Tennis Association, and was fondly referred to as "Mr. Tidmarsh".

Most residents will recall John landing on their doorstep at some point in late October rattling a collection box and asking for donations for the Royal British Legion's Poppy Appeal. His enthusiasm and commitment to the RBL and also to the Thames Valley Air Ambulance charity were limitless and marked him out as someone who thought more about others, rather than himself, ensuring that collection boxes were positioned at The Greyhound for donations: indeed, at his 90th birthday celebrations, he raised over £1,000 for the TVAA, and a certificate from the charity, sitting proudly on his home mantelpiece, marks this special donation.

John's commitment to nurturing the community aspect of village life was strong: he was part of the driving force behind the project to build a village hall in Tidmarsh and became one of the Hall's Trustees after construction was completed in 1954. John, with Jean, helped organise many village events at the Hall. He also served as a Parish Councillor on the Tidmarsh with Sulham Parish Council. In May 2025, in recognition of him being a "community legend", he was asked to light and, indeed, lit the beacon on Millennium Green to mark the VE Day celebrations.

His caring and loyal nature, not just apparent in his championship of worthwhile causes, has been manifest in his care of Jean and of others: from cooking and helping Jean get out of their Citroen Picasso with her walker when he was less than mobile himself, to welcoming, supporting and providing friendship to Vita from the Greyhound, someone whom by his own admission, had become "like a granddaughter". John always made time to ask friends how they were and what they were doing and was genuinely interested in their responses. His loyal support of The Greyhound, its landlords (Stuart & Tash Challand) and its manager, Vita, will never be forgotten: he and Jean were regulars at the pub, firmly believing it to be an important community hub and the pub gave John much pleasure, from quaffing pints of Pride to tucking into the pub's food.

John was generous too: when it came to his or Jean's birthdays, or even just because he was in the company of friends, he would always buy a round of drinks in The Greyhound. His sense of humour and chuckle also endeared him to many.

John was a keen and committed bellringer, and a ringer at St James the Less, Pangbourne for well over sixty years. John's name appears regularly in church bell records for the frequent Quarter Peals rung by the Band, with his first full Peal believed to have been rung in St. Nicholas Church, Hurst in 1950. For many years, the Band would gather just before midnight on New Year's Eve to ring out the old year and ring in the new: one foggy New Year's Eve John turned up, having left the pub in Tidmarsh and walked much of the way following the white line in the middle of the road! The Band welcomed and loved his quiet and unassuming nature, the twinkle in his eye, his willingness to share his knowledge, his teasing and his acceptance of being teased with gentle good humour. He was particularly loved by the younger Band members, quickly earning himself the nickname of "Grandad". Since the late 1980s, John had been ringing hand bells: he rang with the hand bells Band right up until 18th May 2026!

John will be sorely missed by all of us in Tidmarsh and Sulham, as well as in Pangbourne. Thoughts and prayers go out to Jean, as well as to her and John's family at this time.

By Wendy Rapley, with contributions from Jean, Vita, Len Palfrey, and others.

AN EVENING TO REMEMBER IN STRACHEY CLOSE - CELEBRATING 30 YEARS



On Saturday 30th May the residents of Strachey Close gathered for a very special occasion celebrating 30 years since the Close was built. They came together for a fabulous evening with neighbours and friends where the affection and sense of belonging that so many of the Strachey Close residents feel, was evident.

Miriam and Paul kindly hosted a fabulous evening for neighbours and friends. Blessed with a beautiful balmy summer's evening, we enjoyed delicious food, great company and plenty of laughter at a dinner in the lovely garden. The celebrations provided a wonderful opportunity for the Strachey Close community to come together, catch up with one another and share favourite memories and stories from across the 30 years.

Many of the residents provided plenty of anecdotes including reflections of Jubilee street parties, the Millenium disco in the village hall, 'beat the heat' parties, lockdown picnics, garden parties and celebrating the wonderful wildlife including red kites, butterflies, bats, foxes, woodpeckers and even a wild goshawk.

A heartfelt thank you to Miriam and Paul for their generous hospitality and for hosting such a memorable evening.

Britt Measures

Resuscitation Council UK
approved instructors

£10 per
person

Could you save a life?

Tidmarsh
Village Hall
Dates
TBA

LEARN HOW TO

- Recognise the signs of cardiac arrest
- Perform CPR
- Use a defibrillator with confidence

To register contact
carolinehome@btinternet.com
Places Limited

All proceeds will help fund the cost of
training equipment and a community
defibrillator for Sulham



th^emovementclinic

Physio-led Pilates and exercise classes

- 1 to 1 sessions and assessments
- Small group mat work (Monday and Thursday evenings at 19:45, £12)
- Pilates-based seated and standing exercise class (Monday and Thursday mornings at 10:30, £12)
(All classes also available live on zoom)

Email Vicky info@thmovementclinic.co.uk or call 07775 638611

Unit 2 Enterprise House, 41 Reading Road RG8 7HY



VILLAGE HALL NEWS

VILLAGE PLANT AND PRODUCE SALE

The success of the Village Show last September prompted the return of another community event in the Village Hall on the 16th May when we held a Plant and Produce Sale. Along with some beautiful pot, bedding and hanging basket plants supplied by Glenvale Nurseries at Bradfield Southend, we also had a variety of vegetable and cottage garden plants that had kindly been donated by village residents. Kate Bowsher from Beenham Park Farms came along with a selection of meat from her traditionally reared grass fed beef and sheep, and local honey, beeswax candles and block printed items were on sale from our resident beekeeper, Karen Elliott.

Visitors to the hall were able to spend an enjoyable afternoon browsing, buying and finishing off with a cup of tea and piece of cake whilst chatting to friends and neighbours. The event was a great success and we raised an amazing £305 for the Village Hall through sales and donations.

A huge thank you to everyone who came or helped to make this a real community event whilst raising much needed funds and we look forward to seeing you again next year.

Karen Elliott



VILLAGE HALL SPRING QUIZ NIGHT

The Spring VH quiz was well attended and The Hall was filled with deep thought and laughter, as Annette and Jon Chiswick were again quizmasters with their usual brilliant categories and questions. Everyone enjoyed a Ploughman's Supper and over £200 was raised for Village Hall funds.

ANOTHER SUCCESSFUL CPR TRAINING DAY

On 28th March we held another very successful CPR training session, with a fantastic turnout from the local community. Demand was so high that the course filled up quickly and we even had to turn some people away!

Participants had the opportunity to get hands-on experience with CPR techniques and the use of a defibrillator, and learned how to respond confidently in the event of a cardiac arrest.

It was encouraging to see so many people keen to learn these vital life-saving skills, and the feedback from the day has been overwhelmingly positive.

Following the success of this course, we hope to run more CPR training sessions later this year. We are especially interested in offering a course specifically aimed at young people, helping them gain confidence and potentially save lives in the future.

If you would be interested in attending a future course, or would like to register your child (Year 7 upwards) or teenager for a young people's session, please let us know and we will keep you informed about upcoming dates and opportunities to take part.

Thank you to everyone who attended and helped make the day such a success.

Caroline Home

SAVE THE DATE

To recap, based on your feedback from the recent Parish questionnaire, we are planning the following events this year:

Jazz on the Green	18 July from 12:30	Millenium Green
Village Show	5 September from 2pm	Village Hall
Village Cricket Match	13 September	Sulhampstead Cricket Club
Wine Tasting	16 October	Village Hall
Village Quiz	10 October	Village Hall
Ever Fancied being an Archaeologist? Talk	14 November	Village Hall
Carols on the Green	December TBC	Millenium Green

More details on the events will be advertised in the magazine, on the parish website, Facebook page and village Whatsapp group.

If you would like to see another event happening, e.g. a new yoga class in the Village Hall, it would be fantastic if you could take the lead in setting it up. Please contact Lucy the Editor; you will be fully supported by the planning team!

VILLAGE HALL SCHEDULE

"What's On" in the Village Hall

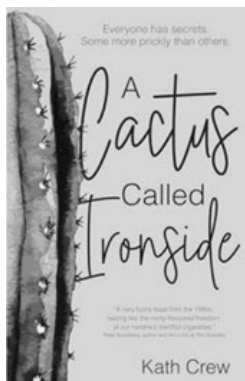
Did you know that there are lots of activities available in Tidmarsh village hall? Below is the current calendar of regular bookings. If you would like to join one of the classes, please contact the organiser in advance. All activities & classes take place weekly unless otherwise stated.

Please contact the Hall Bookings Secretary if you would like to run a class or hire for an event: tidmarshvillagehall@hotmail.com

TIDMARSH VILLAGE HALL – Summer 2026

MONDAY	10 -12.30 Art Sue Logan shelsooz@btinternet.com			7.30-10.00 Table Tennis Duncan Groves duncanwiggroves@hotmail.com
TUESDAY			6.15-7.15 Martial Arts Nazim Gokcezade nazim.gokcezade@ntlworld.com	7.30-10.00 Table Tennis Duncan Groves dun- canwiggroves@hotmail.com
WEDNESDAY	10.00 -12.00 Flower Arranging Shirley McCaig theridings.25@gmail.com	1.30-4.00 Art Alec Bray alec.bray@yahoo.com		8pm Parish Council See parish website for dates clerk@tidmarshwithsulham.co.uk
THURSDAY	9.00 - 10.00 Amico Dance Rachel Griffin (amicodanceacademy@gmail.com)			
FRIDAY	11.00 -12.00 Coffee Morning 1 st Fri of month ALL WELCOME come along!	2.00-4.00 Tidmarsh Stitchers 2 nd and 4 th Fri of month Karen Florey karen@therunningchicken.co.uk		
SATURDAY	10.30 – 11.30 Zumba Rachel Grocott rachelzumba4043@gmail.com			
SUNDAY				

A CACTUS CALLED IRONSIDE by Kath Crew



The author is a Londoner born and bred, now living in Oxfordshire. Kath was President of the Cambridge Footlights in the 1980's so the setting of this, her first published book, is no surprise. Her recently published sequel is "A Feather between the Lines"

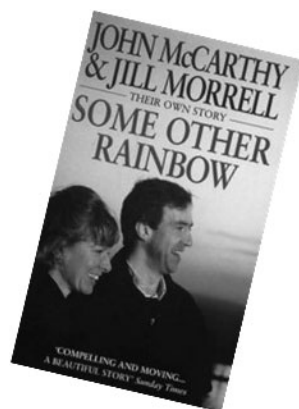
Roni (Veronica) McNamara is dreaming of a universe beyond her mother's hairdressing salon and her father's betting shop. She is a fish out of water in a Cambridge college, a daughter of stifflingly aspirational middle-class parents from Barking but surrounded by Brideshead-like chinless wonders whom she desperately wants to impress. When that all goes wrong, she meets a chippy socialist lad from Yorkshire, seething with justifiable resentment and also the brightest student for a generation, who keeps a prickly cactus he called Ironside. Set against the backdrop of Thatcher's Britain and the 1984 Miners strike, the story is narrated from the point of view of Roni's old self.

The timeline switches to 40 years later and reluctantly returning for a college reunion, it's soon obvious that things did not turn out as Roni initially hoped and dreamed, and that she is not the only one who has been economical with the truth.

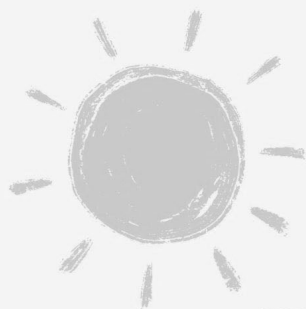
This was a very easy, amusing and uplifting read, which most of the book club enjoyed, although the pace of the early chapters is a little pedestrian. However, it is well worth persevering and has a neat reveal at the end.

Our current read is **Some Other Rainbow** by John McCarthy and Jill Morrell; the true story of the kidnapping of journalist John McCarthy and the 5-year campaign by Jill to keep his plight uppermost in politicians minds to finally secure his release in 1991.

If you would like to come to Book Club evenings, for details of next date and venue please contact editortsmag@gmail.com



Gill Haggarty



JAZZ ON THE GREEN

**Saturday 18 July
12.30 p.m - 5.30pm**

Millennium Green, Tidmarsh

-Featuring-

THE ROY BAILEY BIG BAND

Adults £10

Children free

Email: **b.wynne@**

tidmarshwithsulham.co.uk

to purchase your tickets

Sponsored by:



VILLAGE SHOW FOR SULHAM & TIDMARSH - Saturday 5 September TIDMARSH VILLAGE HALL 2 - 5PM

This event is open to residents of both villages and their families including grandchildren. To help you start planning now please see the list of categories below.

There is a Family Cup to be won and individual certificates for each category. Please arrive on the day between 2pm - 2.30pm with your entries. Each entrant will be asked to donate £1. All entries must be shown in entrants' own container (e.g. plate or vase). Results and certificates will be presented at 4pm. The Hall must be cleared by 5pm.

Veg Garden A bunch of Mixed Herbs 3 Onions 4 Potatoes 3 Carrots A Marrow 6 Onions 6 Runner Beans 3 Beetroot 9 French Beans 6 Tomatoes any colour (same or different varieties) 6 Cherry Tomatoes Basket of Mixed Vegetables (no flowers nor fruit) Courgettes (same or different varieties) 1 Pumpkin or Squash Fruit 3 Dessert Apples 3 Cooking Apples Bowl of any Mixed Fruit Bowl of 6 Plums Bowl of 3 Dessert Pears Bowl of Raspberries Flowers 3 Dahlia blooms Single Rose flower. Single Rose best scent Vase of mixed Garden Flowers Pot Plant in Bloom Pot Plant Foliage	Arts and Crafts A cross stitch piece An embroidery piece A felted animal Limerick (must contain the word 'Sulham') Flower Arranging Autumn Party Food & Drink Jar of Marmalade Jar of Jelly Jar of Chutney, Pickle or Relish Jar of Honey A lemon Drizzle Cake 6 Fruit Scones 6 Shortbread biscuits A lemon Drizzle Cake Traditional Victoria Sandwich max 8" (raspberry jam filling, caster sugar on top) Novelty Cake 6 Eggs from your own Poultry Bottle of Homemade Fruit Drink or Spirit Children only (3-7 years old and 8-14 years old) An original Lego creation A garden on a plate A painting of your home and family. A painting of a pet An animal made out of junk A thumb print picture 6 decorated biscuits A Single Animal made from Fruit or Vegetables (Children, all ages) Longest runner bean Tallest sunflower - grown in a pot
--	--

UPCOMING EVENTS



VILLAGE CRICKET MATCH SULHAM V TIDMARSH

Sulhamstead Cricket Club, 13 September 2026

All are welcome to join in - both young and old. Don't worry about your cricket skills!

More details to follow but please put your names down:-

For Sulham: John Alderton john.k.aldernton@icloud.com

For Tidmarsh: call into the Greyhound and give Stuart your contact details

The day will be open to all, so bring along a picnic - and refreshments for the cricket team.

Drum **Landscaping**

- Hard and Soft Landscaping • Fencing • Garden Clearance
- Garden and Grounds Maintenance • Hedge Planting
- Hedge Cutting • Grass Cutting • Turfing • Power Washing
- Winter Gritting • Licensed Waste Carrier • Insured

Call Nick – Home: 01235 859229

Mobile: 07922 701634

Email: ndrumlandscaping@gmail.com

PARISH COUNCIL NEWS

After many months of being without a full-time Clerk the Parish Council would like to welcome Ellie as our new Clerk. We know she is going to be a great asset to both the Parish Council and our community.

The Parish Council continues in its support of residents in planning matters - submitting both comments and objections on behalf of residents.

Councillor, Mark Farrington, has been managing the procurement of a new metal gate for one of our public footpaths. This gate can be used easily by people who use wheelchairs and people who are using pushchairs for toddlers. On Monday 8 June this gate is going to be installed.

Should any resident have any concerns or have questions they would like to ask the Parish Council they are most welcome to attend our next meeting on Wednesday 10 June at 8pm in The Tidmarsh Village Hall.

OFFICE SPACE AVAILABLE TO LET

Spacious office – over 50 square metres – available from August

Unit 4, Enterprise House, 41 Reading Road, Pangbourne, RG8 7HY

Located on the first floor in a peaceful yet central part of Pangbourne with two dedicated parking spaces, private stairwell entrance, gas central heating and kitchenette. Recently refurbished.

Rent and Terms Negotiable

For more information or to arrange a viewing call or message

07775 638611 / 07990 520389
info@themovementclinic.co.uk



AWARD-WINNING

INTEGRATED MEDICINE CLINIC

FORMULA HEALTH

PRIVATE GP & NURSE APPOINTMENTS | OSTEOPATHY | PHYSIOTHERAPY
MSK SCANS & INJECTIONS | SPORTS REHAB | MASSAGE THERAPY
OXYGEN THERAPY | CRYOTHERAPY CHAMBER | SHOCKWAVE
NUTRITIONAL THERAPY | VITAMINS & SUPPLEMENTS
DNA & MICROBIOME TESTS | METABOLIC ANALYSIS
3D-PRINTED ORTHOTICS | COMPRESSION BOOTS
ACUPUNCTURE | REFLEXOLOGY | KINESIOLOGY
WOMEN'S HEALTH & MENOPAUSE SPECIALISTS
HEALTH & WELLBEING PRODUCTS





CHURCH SERVICES

St James | St Laurence | St Nicholas

www.pangbournechurches.org

JULY

Sunday 5th

10 am	Holy Communion	St James
11.15am	Holy Communion	St Laurence

Sunday 19th

10am	Holy Communion	St James
11.15am	Morning Worship	St Nicholas

AUGUST

Sunday 3rd

10 am	Holy Communion	St James
11.15am	Holy Communion	St Laurence

Sunday 16th

10am	Holy Communion	St James
11.15am	Morning Worship	St Nicholas

Sunday 30th

10am	Holy Communion	St James
------	----------------	----------

SEPTEMBER

Sunday 6th

10 am	Holy Communion	St James
11.15am	Holy Communion	St Laurence

Sunday 20th

10am	Holy Communion	St James
11.15am	Morning Worship	St Nicholas

Midweek Holy Communion

10am every Wednesday morning in St James. All welcome

Sunday 12th

7.45am	Holy Communion (BCP)	St James
10am	Joyful Noise	St James

Sunday 26th

7.45am	Holy Communion (BCP)	St James
10 am	Holy Communion	St James

Sunday 9th

7.45am	Holy Communion (BCP)	St James
10am	All Together Worship	St James

Sunday 23rd

7.45am	Holy Communion (BCP)	St James
10 am	Holy Communion	St James

Sunday 13th

7.45am	Holy Communion (BCP)	St James
10am	All Together Worship	St James

Sunday 27th

7.45am	Holy Communion (BCP)	St James
10 am	Holy Communion	St James

A WORD FROM OUR RECTOR, REV MARK HOPKINS

Dear Friends,

As I write, the latest series of “Race Across the World” has just finished airing on the BBC. In this latest episode, the pairs of contestants had to travel from the heat of Sicily to the freezing cold of Mongolia. At every stage on their journey, there were decisions to be made– whether to take the coastal road or cut across country; whether to move fast or take a scenic detour; whether to spend money to go faster or wait and earn money. But ultimately, the series was not about who won, but how the relationships between the contestants evolved.

The decisions the pairs had to make are a microcosm of the decisions we make in life – when do we seek to earn more or when do we prioritise family and relaxation; when do we work with more intensity, and when do we slow down. Today, we are in the midst of a heatwave, and having spent just ten minutes in the garden, I have decided that the weather has forced me to slow down, rather than to speed up. Summer may give an opportunity to relax, on holiday, or away from work or school, even if temporarily (although it may be more frantic with the children at home). At church, we have opportunity to pause, and reflect. Our recent church vision day was intended to help us think about ways we can better reach out in the community – not necessarily doing as much as we might wish, but doing it in a clear, focused way.

“There is a time for everything,
and a season for every activity under the heavens”

– Ecclesiastes 3:1

Best wishes, Rev Mark

The Parish of Pangbourne with Tidmarsh and Sulham



WHAT'S ON IN ST JAMES-THE-LESS

NOAH'S ARK



The last Noah's Ark toddler and baby group before the Summer holidays will be on **Friday 17th July at 10am in St James church.** It will start again at 10am on **Friday 4th September**

Stay and Play during the Summer holidays

We'll be holding two stay and play sessions during the holidays from **10 to 11am on Friday 7th and 21st August.** Little ones and school aged children welcome.

www.pangbournechurches.org/noah-s-ark

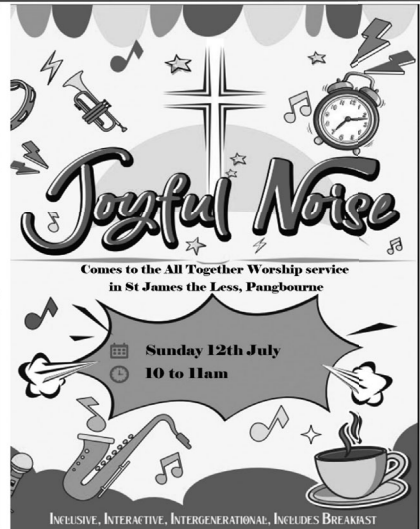


BEREAVEMENT SUPPORT GROUP

You are warmly invited to join us for coffee, company and conversation

2 to 3.30pm
The Elephant Hotel,
Pangbourne

On Thursday 25th July and
22nd August and then on the
fourth Thursday each month.



The Friends of St Laurence Church, Tidmarsh

are pleased to invite all Tidmarsh and Sulham residents to a talk by our Tidmarsh resident,

The Rt. Revd. Mary Gregory, Bishop of Reading

who will be speaking on her life & career, including her work in the prison service before becoming a Bishop.

Friday 23rd October at 7pm, Tidmarsh Village Hall

Refreshments, nibbles & time to socialise after her talk

A retiring collection will be made for the work of The Friends of St Laurence, who help to maintain this historic Church Building.



Expert advice, beautiful spaces

Visit the Showroom
35 Wallingford Rd, Goring, RG8 0HL
01491 377272
studio@thebathroom.studio

THE BATHROOM
STUDIO

Drain & Able

Independent Family Run Drainage Service Established 20 Years



Whether unblocking, clearing and cleaning, surveying, repairing or replacing, we will handle the job promptly and effectively.

Honest & Reliable.. It's In Our D&A!

- 24/7 EMERGENCY SERVICE • GUARANTEED ARRIVAL
- ALL TELEPHONE CALLS ANSWERED PERSONALLY

CALL ANYTIME ON 0118 957 6244
www.drainandable.co.uk



Tidmarsh Village Hall

Tidmarsh vs Sulham

QUIZ NIGHT

Sat October 10th

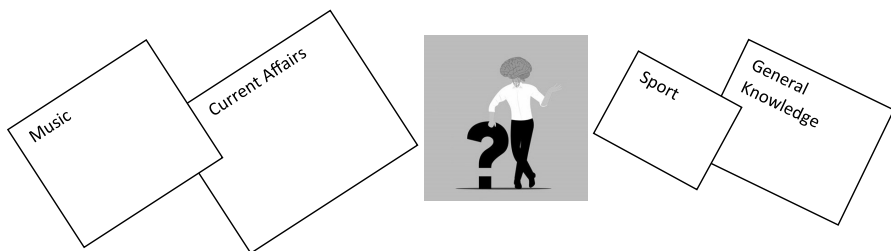
7.30 for prompt 8pm start

Light ploughmans provided

Bring your own drinks and glasses
Come as a team or join one on the night

£10 per person

Contact alderton.boxcott@btinternet.com
to reserve a table



TIDMARSH MILL



The Mill is recorded to have been in operation for 113 years between 1824 and 1937.

It milled corn into flour for local farmers, who were paid by the mill for the quality and quantity of their grain. The flour was then sold on to the local residents and village bakers. At that time most villages had their own baker, who would call at the mill for flour of different fineness or coarseness. Bread then was the most important part of meals, particularly in a rural community.

There were at least 15 millers who operated Tidmarsh Mill during its lifetime, the most well known being the Stone family of Pangbourne, who at various times ran both the Tidmarsh and Pangbourne mills.

Watermills are mainly sited on the banks of an island in the river, and this is clearly seen at Tidmarsh, Pangbourne and Mapledurham. The reason for this is that turning a mill wheel needs maximum depth and water force. In order to do this for most times in a year, one side of the island in the river stream could be blocked by a sluice gate to give maximum water power and depth for the other mill side. This is vital in the summer at low water levels. The Pang at Tidmarsh and throughout its length, was a deeper and a faster flowing river than it is today. In earlier days there were washing, bathing places and play areas in the river used regularly by the local residents, and these also existed on the Sul stream nearby.

On the river Pang itself, there were 8 watermills listed in the 18th and 19th Century, being those at Pangbourne, Tidmarsh, Bradfield, Stanford Dingley, two at Bucklebury, River Barn, and Frilsham . For a short time, there was a mill wheel called “Kidgells Mill” on an island branch of the river on the Englefield Estate side, and on the other side another wheel known as the “Maidenhatch Mill.” A dispute arose in 1860 because these mills or water wheels were suddenly constructed. They held back the water and used sluices to provide power for their own operation, which took away the power to be able to operate Tidmarsh Mill. Locally known as the Mill War of 1860/61, the Tidmarsh mill was in danger of closing because grinding corn became a stop/go operation, so flour supplies became intermittent and the grain destined for the mill by farmers had to be taken to mills further away, and the livelihood of the miller and others were made precarious

The dispute led to the appointment of an Arbitrator, George Cherry to sort out the dispute in 1860. A year later in 1861 agreement was reached.

Tidmarsh mill was granted the main water rights, and the small mills were restricted to the use of water on certain days and times. Also, they were only allowed to mill grain that had been grown in their adjoining fields. These small mills obviously did not last long after this dispute, due to the restrictions placed on them, but their sites on the Englefield Estate can still be traced today. In fact, I sought permission from Richard Benyon to visit the site on his Englefield Estate, and he kindly granted access for me to walk and visit the area several times. Here I discovered the island branch in the Pang, the sites of both mills, their sluices and a holding pool of water dug out of the mainstream for use by opening a sluice when levels were low. The brickwork of a small mill archway can be seen on one side and obvious wood and brick support to a wheel on the other stream side.

After Tidmarsh Mill closed in 1937, machinery was taken out and the mill area converted into living rooms. We are so lucky today that the building remains an attractive well-maintained delight as you pass it while crossing the Pang, with its mill stream and mill stones reminding us of its very important role in recent times it played in the lives of our residents of Tidmarsh and Sulham.

John Butler.

Acknowledgements to:- Tom Hine, J.K.Major, the Mill Archive & Berkshire Records Office.



July 2026		
Tue 7 th July 10:00	Sheepdrove, Lambourne	Scrub clearance of a burial mound. Park near the red barn SU349816. Do not use sat nav guidance to locate this site /// connected.ranges.over
Tue 14 th July 10:00	Ashampstead Common	Raking previously cut grass in woodland glades. Meet at car park SU587751 /// swells.wrist.dandelions
Guided Walk Thursday 8 th July 21:15	Nightjars on Bucklebury Common	Join Society members to look for and hear these summer visitors to the heathland. Meet in the car park off The Common, closest to Chapel Row SU560 692 ///runner.rotate.musically
Tue 21 st July 10:00	Rushall Manor Farm, off Back Lane, Bradfield	Continuing conservation management tasks. Meet at the Black Barn off Back Lane between Stanford Dingley and Bradfield, SU584723 ///telephone.brink.crate
Tue 28 th July 10:00	Grove Pit Com- mon, Leckhampstead	Scrub clearance on this parish wildlife site. Access the common via the track which leaves the B4494 west at Cotswold Farm. SU440777 Please leave your vehicles at the bottom of the track and walk up to the common. /// bossy.connected.tubes
August 2026		
Tue 4 th Aug 10:00	Furze Hill, Her- mitage	Woodland and butterfly habitat management on this parish wildlife site. Ample parking at village hall - through double gates off Pinewood Crescent, SU512740 ///simmer.equipping.casual
Tue 11 th Aug 10:00	Moor Copse Na- ture Reserve, Tidmarsh	Clearing vegetation and removing fallen trees. Park in the entrance to the Nature Reserve near Tidmarsh off the A340 at SU633738 // clays.reworked.speedily
Tue 18 th Aug 10:00	TBC	Please refer to website
Tue 25 th Aug 10:00	Rushall Manor Farm, off Back Lane, Bradfield	Continuing conservation management tasks. Followed by BBQ. Meet at the Black Barn off Back Lane between Stanford Dingley and Bradfield, SU584723 ///telephone.brink.crate
September 2026		
Tue 1 st Sept 10:00	Malt House, West Woodhay	Hedge laying and coppicing. Parking is on the entrance to the field off the W. Woodhay Rd or as directed on the day, SU407639 /// belts.glorified.connects
Tue 8 th Sept 10:00	Brightwalton - Dunmore Pond	Clearing invasive vegetation and dead ash to enhance wildlife diversity and public access at this ancient parish site. Parking at the Village Hall, SU426793 /// globe.reverses.presses
Tue 15 th Sept 10:00	Boxford	Brash clearing and tree lopping. Park in driveway of Mill House or in field opposite. Nearest postcode RG20 8DP. ///corner.thickened.tilting
Tue 22 nd Sept 10:00	Ufton Court	Continuing conservation management tasks. Parking will be directed on the day, SU626666 ///ooze.stall.tubes
Tue 29 th Sept 10:00	Rushall Manor Farm, off Back Lane, Bradfield	Continuing conservation management tasks. Meet at the Black Barn off Back Lane between Stanford Dingley and Bradfield, SU584723 ///telephone.brink.crate

SULHAM FARM AND BIODIVERSITY NET GAIN (BNG) PROJECT UPDATE

I am writing this after experiencing the hottest May day on record. Spring crops were seeded under excellent conditions at the end of March, however unfortunately hot weather and negligible rain have taken their toll since then and we are seeing signs of crop stress. Thankfully, the winter planted wheats are looking well and have benefited from the reduced disease pressure the dry weather brings.

Calving has been progressing slowly with a number of cows still to calve right at the end of the period. We are putting this down to reduced fertility during the bulling period due to last summer's heat. With the bulls to be turned out next week, we are hopeful for more normal conditions this year.

Andrew Clay, Farm Manager, Sulham Estate

FLY TIPPING

Since April 2026 there have been at least six incidents of fly tipping in our immediate area. Thanks go to members of our community who have supported and alerted West Berkshire to these incidents, and in particular to Stephen Billyeald and Ed Penney (our flood warden) who have spent a great deal of time clearing these continuous dumps of rubbish. The last lot even had open tins of paint that were leaking out into the water.

In response, Andrew Clay (Sulham Estate Farm Manager) has recently installed some CCTV cameras and an appropriate sign alongside Sulham Brook between Home Farm and A329 Reading Road.

It appears that the spate of serious fly-tipping has abated as a result;- lets hope this continues to be the case!



A.B.WALKER

FUNERAL SERVICES SINCE 1826

Independent, family-run
funeral directors, since
1826 in Tilehurst.



0118 304 0068

abwalker.co.uk | ★Trustpilot Excellent Nov '25



Perfect Boundary Limited



Hard Landscaping & Design

Approved Installer of Marshalls Products and addagrip Resin Bound Products

Professional Service; call for a Quotation.

Info@perfectboundarylimited.co.uk www.perfectboundarylimited.co.uk

Tel. 01189 968 009 / 07796 202217



LONDON STREET BRASSERIE, READING

I was taken to this restaurant for lunch for my birthday and enjoyed it so much that I took my granddaughter there for lunch for her birthday too, as she is at Reading University.

I thought the food was really excellent and very tasty, with generous helpings. They do a deal on two courses if desired, a starter and main.



On my first visit I just had a starter of chicken piri piri, consisting of 3 kebabs which was plenty for me, followed by a very generous crème brûlée.

The second time I chose sea bass as a main course and we shared a pudding. It was a Sunday and there was a choice of traditional roasts as well as their other menus. Zoë had soup, spinach and lentil which I thought sounded boring, but tasted delicious, with cumin, and then chicken confit afterwards. The lemon tart we shared for dessert was the most divine lemony that I have ever tasted - to use an Aussie expression!!

On both occasions, a plate with Happy Birthday in chocolate and their excellent fudge and a small cake with a candle appeared after prior notification.

The staff were exceedingly pleasant and efficient and when we changed the booking for a different time/date there was no aggro. You are sent a text reminder asking for re-confirmation a day or two beforehand.

The restaurant overlooks the canal and we parked in the Queen's Road car park (card only payment), which is a short walk to the restaurant. There is a pedestrian crossing just near their entrance.

I understand that it's the same people as the Crooked Billet in Stoke Row and I cannot recommend it more highly. There is a rumour that Nino's in Pangbourne has been taken over by someone previously involved.

Dorothy Pickering

Our Summer, through Time.

*Sumer is i-cumin in-
Lhude sing, cuccu!
Groweth sed and bloweth med
And springeth the wud nu*

Anon, sometime mid 13th century



Certainly in medieval times, the golden calm of summer was celebrated, and its birds inserted into verse. They were as much a part of medieval consciousness as church bells and hunger. Yes, they were occasionally eaten (the birds I mean!)

Above all however, seeds sprouted, meadows swayed in the wind, and cuckoos called. Life was so hard, so uncertain and so brief, that it was seized joyfully, if not frantically. I imagine their senses were dazed by the warmth and luxury of summer. Beans, turnips, cereals, healthy fat animals. Work in the fields. A visiting mark of freedom in more senses than one. And fullness. Of colour, sound, company and food.

It still is. The true garden has some serious effort put into it, and heightened awareness of it. It can give us joyous sound, soft grass, safe play for our children, and vegetables, rhubarb, berries and apples, and flowers for the house. If we are lucky, we can still spot butterflies, dragonflies, hear blackbirds and finches, and smell the delicious barbeque.

By early June, potatoes, leafy vegetables like red and green kale, scarlet flowered runner beans, peas, lettuce and tomatoes are planted, tended with careful but regular watering, and we await the joy of salad and potatoes fresh from the earth, and tasting so different from shop bought greens. I think it was Katherine of Aragon who longed for her ‘sala ad’, red and green and ripe from the heat of Spain. Far from the decline and death in the freezing damp mansion appointed to her at the end of her life by Henry.

Much is made of the mental health-giving effects of gardening in these days of stress. They are not wrong. Bunny Guinness advocates in case of child rage ‘Scoop them up, take them outside. It works.’ And some of my happiest gardening moments have been in the garden, morning or evening, watering the plants, pruning a little here, propping up there, gathering a few flowers, pulling rhubarb; or before lunch pulling a few lettuce leaves, one or two herbs.

It’s easy, and available to almost all. Herbs in a tub, lettuces planted in good earth between flowers. Dwarf sized trees - a small orchard of pear and apple and cherry (daffs and crocus bulbs tucked underneath ready for spring). And tomatoes with their warm smell - almost like crusty loaves, (it may not strike you like this) planted in growmore bags or tubs. So much can be achieved, with so little. The generosity is never ending.

Enjoy your riotous summer, stretching in gladness through the ages, uniting us with our stoic and inventive ancestors. And if you hear a cuckoo - link hands with the joy and anticipation of ages past.

Joy Ellis

SUMMER RECIPES

The Old School kitchen is off for a summer break, so in the absence of any other brave volunteers I share with you some of my favourite recipes. Pair these with a tomato salad and your choice of grilled fish, meat or halloumi and you have yourself a feast!

Ottolenghi's Cauliflower, Pomegranate and Pistachio salad

1 large cauliflower
1 small onion
Seeds from ½ medium pomegranate (mounded ½ cup)
⅓ cup shelled pistachios, lightly toasted and coarsely chopped
5 tbsp olive oil
1 ¼ cups fresh parsley leaves, coarsely chopped
1 ¼ cups fresh mint leaves, coarsely chopped
½ cup fresh tarragon leaves, coarsely chopped
1 ½ tbsp freshly squeezed lemon juice
1 tsp ground cumin
Sea salt



- Heat oven to 200C. Line a rimmed baking sheet with parchment paper; set aside. Coarsely grate a third of the cauliflower florets into rice-size pieces and set aside in a bowl.
- Break the remaining cauliflower into florets about 3 cm wide, and place in a large bowl. Add the onion and any cauliflower leaves. Drizzle with 2 tablespoons of the oil, sprinkle with ¼ teaspoon of salt and toss to combine. Transfer to the baking sheet and spread into an even layer.
- Roast on a middle shelf until cooked through and golden brown, about 20 minutes. Remove from the oven and set aside to cool.
- Transfer the roasted vegetables to a large bowl. Add the reserved grated cauliflower, parsley, mint, tarragon, pomegranate seeds, pistachios, lemon juice, cumin, remaining 3 tablespoons oil, and ¼ teaspoon salt. Toss gently just to combine. Transfer to a platter and serve.

Mojo Verde (canarian green sauce)

This is really quick to make, lasts for 5 days in the fridge and goes with everything including new potatoes, which is how they serve it in the Canary Islands.

1 large bunch fresh coriander
1 green chilli pepper (optional if you don't like heat)
4 cloves garlic
2 tbsp olive oil
2.5 tbsp white wine vinegar
1 teaspoon ground cumin

- Remove the pith and seeds from the chilli. Add all the dry ingredients to a bowl and blend until nearly smooth.
- Add the vinegar and blend, adding in the olive oil gradually
- Refrigerate for a couple of hours to let the flavour develop.

Tessa Kiros' Apple Cake with Toffee Topping (serves 8-10)

3 apples eg golden delicious
100g butter
200g caster sugar
1 teaspoon vanilla extract
3 eggs
200g sponge or plain flour
2 teaspoons baking powder
60ml milk

Topping:
20g butter
115g caster sugar
125ml single cream



Preheat the oven to 190C. Grease and flour a deep 24cm/ 9.5 inch springform tin. Peel the apples and cut them in half lengthways. Cut each half into about 6 slices, removing the core. Arrange the apple slices in the tin (they should fit well into two tight circles).

Cream the butter, sugar and vanilla until pale and creamy. Add the eggs, beating well after each one. Sift and beat in the flour and baking powder. Beat in the milk until the mixture is soft and fluffy. Scrape out the batter over the apple and smooth the top. Bake for about 35-40 minutes, or until a skewer inserted into the centre comes out clean. Remove from the oven and make the topping.

Put the butter and sugar in a small pan and cook over medium heat for 3-4 minutes until the sugar melts and turns light caramel. Add the cream, drop by drop initially, then in a steady stream, taking that it doesn't splash. Lower the heat a little and simmer for another minute.

Loosen the side of the cake and pour the caramel over the top. Leave it to cool before removing the side of the springform tin. Serve warm or at room temperature with a scoop of crème fraiche or vanilla ice cream.

Lucy Clow



Beyond the Glow: Why a Little Skin Awareness Goes a Long Way

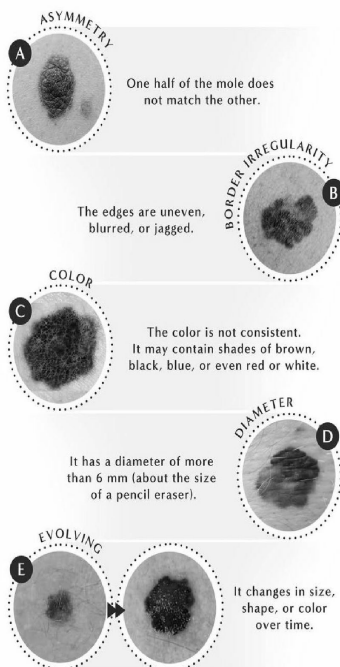
The recent warm weather may have most of us heading outside to enjoy the blue skies and a chance to top up our vitamin D levels, but basking in those rays can come with a hidden cost and a cause for caution. While a sunny afternoon can do wonders for your mood, the accompanying ultraviolet (UV) radiation quietly increases your risk of skin damage and melanoma. Striking the right balance between enjoying the sunshine and protecting your health is crucial.

Between work, family, and weekend plans, life keeps us busy. We remember dental check-ups, track our steps, and monitor the food we eat, but one health routine often slips through the cracks: keeping an eye on our skin.



Skin cancer is one of the most common cancers but here's the good news—it's also one of the most preventable- **if caught early**. Many of us think skin damage only comes from beach holidays or childhood sunburns, but daily exposure adds up. A quick monthly self-check, taking less than ten minutes, can be life-saving.

CHECK MOLES WITH ABCDE



Spotting the Signs: The ABCDE of Moles

Here's a simple way to check your moles or freckles: the **ABCDE guide**. If anything looks unusual, it's worth noting.

A – Asymmetry: Half of the mole doesn't match the other half.

B – Border: Edges are irregular, scalloped, or blurry.

C – Colour: Uneven colour, different shades of brown, black, or even pink, red, white, or blue.

D – Diameter: Bigger than 6 mm (about a pencil eraser).

E – Evolving: Changes in size, shape, colour, or new symptoms like itching or bleeding.

Tip: Look for the “ugly duckling”—the mole that looks different from the rest. It's often the one to get checked first.

When to Call a Professional

If something seems off, a GP with clinical dermatology experience can take a closer look. Using a device called a **dermatoscope**, they can examine deeper layers of the skin to tell harmless spots from early-stage skin cancers. This method reduces unnecessary worry while making sure serious issues are caught early.

Protecting Your Skin Every Day

A few minutes a month plus **daily sunscreen** is a small effort for big rewards. If you have lots of moles or a family history of skin cancer, professional check-ups are especially important. Your skin works hard for you every day- taking a few moments to care for it is an investment in your long-term health.

Enjoying the summer doesn't mean you have to gamble with your skin. By pairing daily sun-safe habits with the experienced eye of a specialist private GP, you can enjoy the warmth with total peace of mind.

Contact Formula Health for more information about our mole mapping services, specialist GP and mole removal procedures.



Gemma Fisher M.Ost Med. – Director Formula Health Ltd

FC
FORTE
CHOIR
{ to excel }

NEW COMMUNITY

CHOR

**ST. MARY'S, PURLEY
MONDAY'S 19:30 - 21:30**

To find out how to join email

WWW.FORTECHOIR.ORG

HELLO@FORTECHOIR.ORG



ENGLEFIELD CE PRIMARY SCHOOL

It's been another busy term here at Englefield CE Primary School, with lots of preparation, activities and events taking place to enhance our children's learning and ensure our school is the best it can be.

At the beginning of the term, Year 4, 5 and 6 were lucky enough to be invited to St Andrews School to hear a talk by the author Adam Kay and his illustrator Henry Paker. It was a brilliant event and the duo had the children and adults laughing from start to finish. Their creativity and imagination really inspired the children, who all had a go at drawing a scene from their book. One of our children even met Henry in person and had his own copy of 'Dexter Proctor the 10-Year-Old Doctor' signed by him!



We are really lucky at Englefield CE Primary School to have a fantastically supportive governing body and this term we invited them into school to take part in 'Governors Day', a chance to build stronger relationships with the children, staff and parents. The governors spent the day meeting and greeting parents, learning in the classrooms with the children, observing our OPAL play scheme at breaktimes and talking with our different pupil groups such as the School Council. They even got to taste our delicious new school dinners with the children. It was lovely to have them join us for the day and we hope to hold another similar day next year.

The highlight of our term was the special day we held to commemorate the 100th Birthday of Sir David Attenborough. We invited an expert from Wild Science to bring in a small range of animals for the children to touch, hold and learn about. These included a snake called Sir Edmund, some giant cockroaches, Barbara the tree frog, a tortoise (who got to meet our very own Pebbles) and some super soft chinchillas. During the day, the children also enjoyed exploring our school pond, using nets to do some pond dipping where they found 6 newts amongst other creatures. Year 5/6 dissected some owl pellets collected from the Englefield owls, and were fascinated to find small rodent skulls and bones, which they identified and classified using anatomy maps.

The children loved talking about their day with friends during our whole school picnic, where they were surprised with an amazing, giant cake made by one of our talented parents from Fabu-lous Cakes. It was delicious! We then topped the day off with a House competition, where children in each of our houses (Athena, Demeter, Poseidon and Hermes) worked together to create their house animals using only natural items they found on our school grounds. The resulting art was brilliant!



As our term draws to a close, our Year 6's faced the challenges of their SAT tests, which they did with superb courage and resilience, making the school and their parents incredibly proud. Years 3 and 4 are now getting ready to face their own challenge, with their two-night residential trip to Thirtover about to take place. We know they are going to have a fantastic time, with activities such as grass sledges, orienteering, low ropes and s'mores around a campfire to name only a few of the things we have planned for them.

We are now getting ready for our busy final half term, which will include lots of fun activities such as Maths Orienteering at St Andrew's School, our Year 5/6 Production, Sports Day and a whole school trip to Bracknell Forest.

This year, due to the cancellation of the Flower Show, we will also be holding our own **Summer Fete on Saturday 11th July** which promises delicious refreshments, fun games and fabulous events and stalls. We hope to see some of you there!

Miss Galvin

DAY OUT AT WATERPERRY GARDEN



Made famous by Beatrix Havergal who established her School of Horticulture at Waterperry, a residential horticultural college for women, in 1932 and ran it until her retirement in 1971. Waterperry is now home to 8 acres of beautifully landscaped ornamental gardens, a plant centre, garden shop, art gallery, gift barn, museum and tearoom serving excellent food.

They are at their peak in late summer when other gardens are often fading. Less than a one hour drive from TlIdmarsh & Sulham the gardens make a lovely day out.

Open all year 10-5pm. £12.95 for an adult ticket during the summer but free for RHS members on Wednesday and throughout November 2026.

Gillian Alderton

PUZZLES

WORD SEARCH

All the words are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.

D O M I N A N T T O N E S O U
H E A R I N G I M P A I R E D
N D M O B L A S T R V E S I N
E C R U O S O T D E E P S N W
A V R G E N S R R T H A H O T
A S N R G E U T C U A U R I G
T O H W T M A B Y T P H I S T
G E A O U E G N A H C S L E H
E H O L P M U F F L E R L I R
S E E E S C I N O R T C E L E
U A R C L E A C O U S T I C S
A D E A I N S T R U M E N T H
L P T Y C N E U Q E R F B N O
P H S U O N O T O N O M A D L
P O T S I N U S G O L F N E D
A N C A T H U N D E R A G R D
R E I E L Z T R E H D O H C E
I S N S I K D E D E C I B E L

EARDRUM
ECHO
ELECTRONICS
FREQUENCY
GONG
HEADPHONES
HEARING IMPAIRED
HERTZ
INSTRUMENT
LOW
MONOTONOUS
MUFFLE
NOISE
REPEAT
SHRILL
SONG
SOURCE
SPEED
SPURT
STEREO
TALK
THRESHOLD
THUNDER

ACOUSTICS
APPLAUSE
BANG

BLAST
BURST
CHANGE

DEAF
DECIBEL
DOMINANT TONE

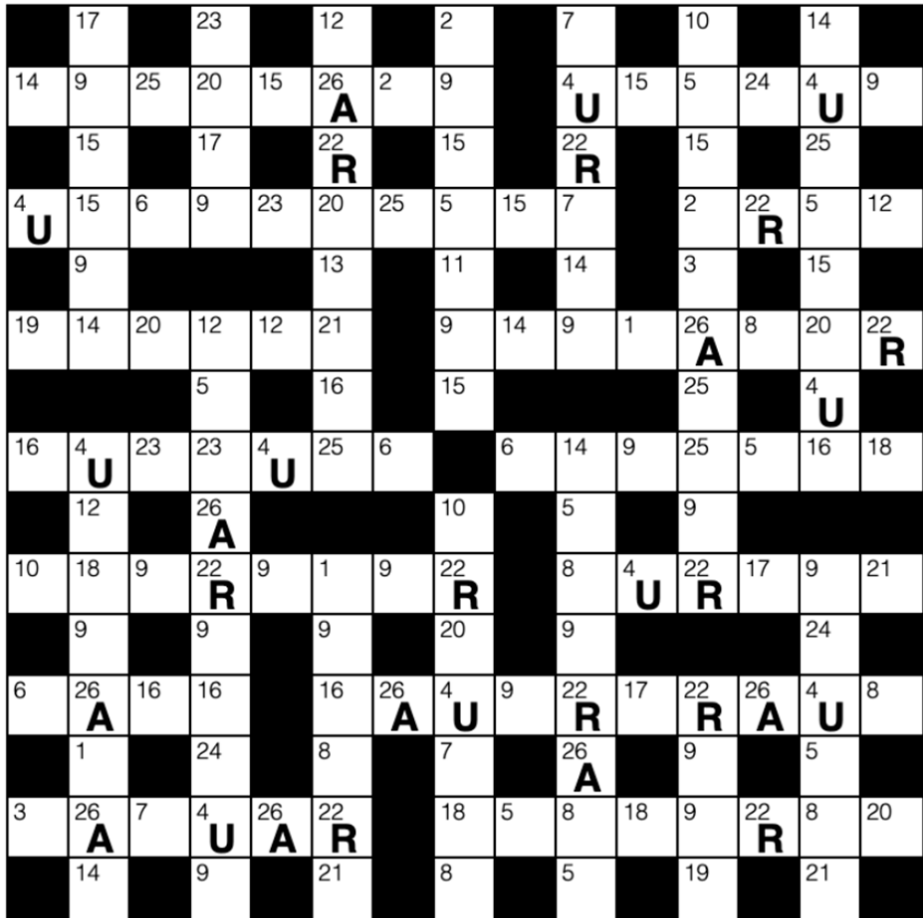
IDIOMS AND THEIR ORIGINS

"Armed to the Teeth": A possible origin is 17th century pirates who wanted to make sure they never ran out of ammunition, and held a gun in each hand. In order to be prepared they also tended to keep another gun in their pocket and a knife between their teeth.

CODEWORD

Codewords are like crossword puzzles, but instead of clues, every letter of the alphabet has been replaced by a number, the same number representing the same letter throughout.

You have to decide which letter is represented by which number. To start you off, we reveal codes for some of the letters. Fill in these letters in the puzzle and start guessing words and discovering other letters.



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Answers will be posted on the parish council portal
<https://www.tidmarshwithsulham.co.uk/magazine.htm>

LOCAL INFORMATION

Advice and Support

West Berkshire Citizens Advice Bureau

Bartholomew St, Newbury 01635 516 605

Pangbourne and District Volunteer Centre

Mon-Fri (ex Tue) 9:30-11:30 am 0118 984 4586

Ecclesiastical

The Church of England Parish of Pangbourne
with Tidmarsh and Sulham (PTS)

Priest in Charge of Pangbourne with Tidmarsh
and Sulham

Rev Mark Hopkins

The Rectory, St James Close, Pangbourne

0118 984 2928

rector.ptschurches@gmail.com

Church Administrator

Vanessa Saunders

Church office open Tuesday and Friday

12.00-3.00pm

office.ptschurches@gmail.com

Church Wardens for St James, Pangbourne;

St Laurence, Tidmarsh; St Nicholas, Sulham

Jill Palfrey 0118 984 2698

Julia Sheppard 0118 956 1820

PCC Treasurer

Stephen Billyeald 0118 984 3368

PCC Secretary

Helen Hopwood 07733 106020

Friends of St Laurence

Chairman

Jon Chishick 0118 984 3666

Treasurer/Secretary

John Butler 0118 984 2621

Emergencies

999

All non-emergencies 101

Floodline 0345 988 1188

Medical

The Boathouse Surgery

Whitchurch Rd, Pangbourne 0118 984 2234

NHS Direct 111

Berkshire West Primary Care Trust

Reading office 0118 950 3094

West Berkshire office (Newbury) 01635 42400

Government

MP for Reading West

Olivia Bailey (Labour)

olivia.bailey.casework@parliament.co.uk

Councillor for the Pangbourne Ward

Matt Shakespeare (Liberal Democrats)

matthew.shakespeare1@westberks.gov.uk

Tidmarsh with Sulham Parish Councillors

Bronwynn Wynne (Chairperson)

b.wynne@tidmarshwithsulham.co.uk

Mark Farrington (Vice Chairperson)

m.farrington@tidmarshwithsulham.co.uk

Sima Elliot

s.elliott@tidmarshwithsulham.co.uk

Jonathan Pearson

j.pearson@tidmarshwithsulham.co.uk

Parish magazine Committee

Lucy Clow (editor) 07500 937 607

editortsmag@gmail.com

Gillian Alderton 0118 984 2729

Caroline Home carolinehome@btinternet.com

Britt Measures

Parish clerk and responsible financial officer

Ellie

clerk@tidmarshwithsulham.co.uk

Public Transport

Rail Travel

First Great Western 08457 000 125
National Rail Enquiries 08457 48 49 50
TrainTracker (train times/fares) 0871 200 49 50

Bus Travel

DJ Travel (Tidmarsh Fri Service) 0118 933 3725
Reading Buses 0118 959 4000
Newbury Buses 01635 567500
Thames Travel 01491 837988

Traveline

National/local bus, train, coach,
ferry and underground info 0871 200 22 33

Scouts and Girl Guides

1st Purley & Pangbourne Scout Group
Registration Secretary regsec@1stPandP.org.uk
Girl Guides 0800 169 5901
www.girlguiding.org.uk

Village Hall Committee

Lucy Clow (Chair) editortsmag@gmail.com
Gillian Alderton
Karen Elliott
Steve Innes (Treasurer)
Hall Bookings (Hilary Innes) 0118 984 2561
Emergency Contact 07954 140048
Email: tidmarshvillagehall@hotmail.com

West Berkshire District Council

Main switchboard 01635 551111
Streetcare 01635 519080

Planning applications 01635 519111

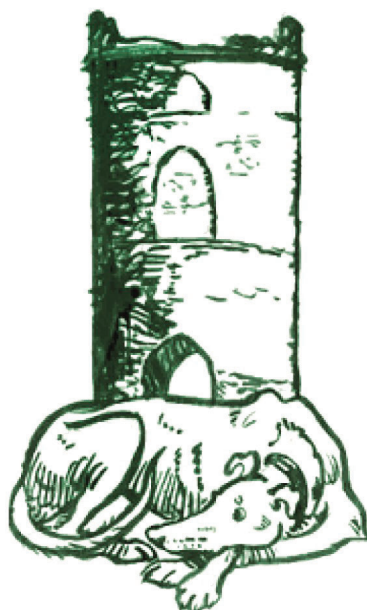
We welcome all advertisements, articles and letters submitted for inclusion in the magazine but the editor reserves the right to refuse, alter or amend material for any reason. The editor accepts no responsibility for, nor necessarily agrees with, views expressed in such submissions.

Please email any items, including photographs, for the next edition of the magazine to editortsmag@gmail.com

Whilst we make every effort to ensure the accuracy of the information printed in this magazine, the editor cannot accept responsibility for the consequences of any errors or omissions that may occur.

ADVERTISING

If you would like to advertise in our magazine, send an email to editortsmag.clow@gmail.com



www.tidmarshwithsulham.co.uk