

Tidmarsh with Sulham Parish Magazine

SUMMER 2024

**Looking for the
sharpest tool in
the box? TRY US!**



Email: enquiries@prmotors.biz Web: prmotors.biz

Tel: 0118 984 4889  

Opening times: **Mon-Fri: 7:30am - 5:30pm**

Welcome to the Summer issue of the Tidmarsh with Sulham magazine. At long last, after what felt like the wettest longest winter, we are starting to see bright skies and summer is with us again. In this edition we bring you updates from local events such as the commemoration of D Day and the Open Garden in Sulham, as well as upcoming events including the Parish lunch and the Sulham v Tidmarsh village cricket match. We also have updates from our regular contributors, more delicious recipes to try, a new county to visit, gardening to get done and puzzles to crack.

As always, please keep your ideas and contributions to magazine content coming!

A big thank you to those of you who have donated to the publication of this magazine so far. For every-one else, **we ask all of you that can, to make a donation of up to £20 towards its annual publication.** Please either drop cash off to me (Step Up Cottage, Sulham) or pay via bank transfer to:

Tidmarsh with Sulham Magazine Bank: Lloyds Type: Business
Sort code: 30 96 96 A/c Number: 58794260. Thank you!

Thank you to John Alderton for the front cover capturing the Northern Lights over Sulham and Tidmarsh recently.

Wishing you all good health and a glorious summer!

Lucy Clow, Editor

editortsmag@gmail.com

DATES FOR YOUR DIARY

DATE	EVENT	TIME
5 July	Village Walk - Meet at Village Hall	9.30 am
	Coffee Morning - Village Hall	11.00 am
7 July	Holy Communion - St Laurence Church, Tidmarsh	11.15 am
10 July	Tidmarsh with Sulham Parish Council meeting	8:00 pm
21 July	Morning Worship - St Nicholas Church, Sulham	11.15 am
2 August	Village Walk - Meet at Village Hall	9.30 am
	Coffee Morning - Village Hall	11.00 am
4 August	Holy Communion - St Laurence Church, Tidmarsh	11.15 am
14 August	Tidmarsh with Sulham Parish Council meeting	8:00 pm
18 August	Morning Worship - St Nicholas Church, Sulham	11.15 am
6 September	Village Walk - Meet at Village Hall	9:30 am
	Coffee Morning - Village Hall	11:00 am
11 September	Tidmarsh with Sulham Parish Council meeting	8:00 pm

OPEN GARDEN, WALNUT TREE COTTAGE, SULHAM

Congratulations to Rosemary and Richard Thomas for hosting another very successful Open Garden.

Unlike last year, the event took place at the start of the gardening season and so we were able to enjoy a completely different life stage of all the plants. The garden looked glorious, with many of the areas of recent planting even more well established.



The weather was a mix of sunshine and showers, but in spite of the risk of a downpour, many visitors turned out to support the event and enjoy the tea or Pimms and cake that was on offer after their garden tours.

Over £1,600 was raised for repairs to St Nicholas church; from the gate and refreshments, the plant sale which was a great success and also the raffle. Very well done to Gillian Alderton and Gill Haggarty who organised the event, and to all of the helpers who contributed to the day.

COMMEMORATION OF THE 80TH ANNIVERSARY OF D DAY



On June 6th, 80 years after the D Day landings, villagers from Tidmarsh, Sulham and Pangbourne met at 6.30pm on Tidmarsh Village Green to commemorate D Day and give thanks to those who fought for and gave their lives for their country. Our lives would all have been very different had they not.

At 7pm The Last Post was beautifully played by a member of the Pangbourne Silver Band.

Then Jon Chishick, chair of Tidmarsh & Sulham Parish Council read the poignant poem 'Normandy' by Cyril Crain, a veteran from Juno beach, followed by the words "At the going down of the sun and in the morning, we will remember them.

Stuart, landlord of the Greyhound, kindly arranged a bar on The Green and those present were able to socialise, reminisce and share picnics before the lighting of the beacon at 9.15pm to mark the huge sacrifices made by servicemen and reflect on the freedoms we all enjoy today because of them. Many thanks to everyone who enabled this village event.

Gillian Alderton

TIDMARSH & SULHAM WALKING GROUP

The walking group meets at 9.30 on the 1st Friday of every month outside Tidmarsh Village Hall where there is plenty of parking space. The walking pace and terrain are gentle and the group always walks at the speed of the slowest walker, there are lots of opportunities to stop and admire views.

The walks last approximately 1.5 hours and follow local circular routes over meadows and through woodland.

On returning to Tidmarsh at 11 am the walkers join the Village Coffee Morning in the village hall for a hot drink and a chance to chat with residents and friends of Sulham and Tidmarsh.

Everyone is invited to come along, no need to let anyone know, just turn up at 9.30 - you will be warmly welcomed.

VILLAGE CRICKET MATCH - SULHAM V TIDMARSH

**Sunday, 1st September from 1:00 pm at Sulhamstead Cricket Ground
(Off A4 opposite the Spring Inn)**

We need to get the two teams organised and don't worry about your cricket skills. All are welcome to join in - both young and the more seasoned! Search out your old whites and pads and if you are really keen you could even try a net session.

More details to follow but please put your names down!

For Sulham contact John

Haggarty haggartyjandg@
btinternet.com

Or John Alderton

john.k.alderon@icloud.com

For Tidmarsh call into the
Greyhound and give Stuart
your contact details.



The day will be open to all, so bring along a picnic and drinks to support your village.

“WHAT’S ON” IN THE VILLAGE HALL

Did you know that there are lots of activities available in Tidmarsh village hall?
Below is the current calendar of regular bookings.

If you would like to join one of the classes, please contact the organiser in advance. All activities & classes take place weekly unless otherwise stated. Please contact the Hall Bookings Secretary if you would like to run a class or hire for an event: tidmarshvillagehall@hotmail.com

	MORNING	AFTERNOON SESSIONS	EVENING
MONDAY	10-12.30 Art Sue Logan shelsooz@btinternet.com		7.30-10.00 Table Tennis Duncan Groves duncanwigroves@hotmail.com
TUESDAY		6.15-7.15 Martial Arts Nazim Gokcezade nazim.gokcezade@ntlworld.com	7.30-10.00 Table Tennis Duncan Groves duncanwigroves@hotmail.com
WEDNESDAY	10.00-12.00 Flower Arranging Shirley McCaig theridings.25@gmail.com	1.30-4.00 Art Alec Bray alec.bray@vahoo.com	8pm Parish Council 2 nd Wed of month clerk@tidmarshwithsulham.co.uk
THURSDAY			
FRIDAY	11.00-12.00 Coffee Morning 1 st Fri of month ALL WELCOME come along!	2.00-4.00 Tidmarsh Stitchers 2 nd and 4 th Fri of month Karen Florey karen@therunningchicken.co.uk	Band Practice Occasional Private booking
SATURDAY	10.30 – 11.30 Zumba Rachel Grocott rachelzumba4043@gmail.com		
SUNDAY		Home Alone Dog First Aid 2.00-5.30 23 rd June All Masters - book in advance: homealonedogfirstaid@gmail.com	

TIDMARSH VILLAGE HALL

Good news for users at the Village Hall is the planned replacement of damaged flooring in early July. Many thanks for your patience during this time of repairs.

April saw Gill Haggarty retire from the Village Hall Management Committee after 34 years of service; she was presented with a bouquet and gift at the Village Quiz in May. We would like to extend our thanks to Gill who has been at the hub of many village activities over this time.

The AGM saw two new members join the committee: Karen Fountaine and Karen Elliott, who will add their creativity in helping run the hall and organise events. The current chairman agreed to carry on for another year. Other committee members are Gillian Alderton and Carol Williams. My thanks to all of them for their valuable help and ideas.

The recent quiz held on 18 May was enjoyed by residents of Tidmarsh and Sulham. Four teams competed and partook of a ploughman's supper prepared by Gillian Alderton. Jon and Annette Chisick prepared a set of challenging questions and a raffle added to the fun. Good company and a bit of a challenge are always a winner so why not look out for the next one and put it in your diary?

The evening raised a profit of £170 which will go towards funding other events and the hall's upkeep. **Another quiz is planned for November, and all are welcome.**

If you have an idea for a community event using the village hall, please contact Alan Maskell on 0118 9845326 or 07954 140048.

To book the hall please email tidmarshvillagehall@hotmail.com. We also have a facebook page.

**Please join us for an
Art Exhibition in the Village Hall
13 October 2024
From 10:30 am**

A family run
agency helping
you live happily
and independently
at home



Whether you need hourly visits
once a week, multiple visits
everyday, or 24/7 live in care our
friendly team of carers will give
you the support you need to
live comfortably at home.



To contact us for a free assessment

Call: 01189 323865

Email: careteam@q1care.co.uk

Or visit our website

www.Q1care.co.uk



Your Home . Your Life . Your Choice .



Review: NO ONE SAW A THING by Andrea Mara

The story revolves around Sive who is a journalist and mum of three children who are in London with her husband to meet up with his old flatmates. Sive is in the underground with her two little girls and baby son in a pram when the worst nightmare occurs - the girls get on the tube without her and the doors close. One child is found by staff at the next station but one disappears

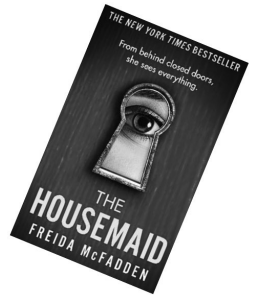
completely and no one seems to have seen anything. The story switches between the search and the recent history of the gathering of old friends. Lots of twists keep this story moving. This book was enjoyed by book club readers.

Review: THE HOUSEMAID by Freida McFadden

The book is categorised as a psychological thriller and follows Millie, an ex-con, who applies for a job as a housemaid for the Winchesters, an affluent couple with a young daughter. Despite Millie's fears that a background check would ruin any chances of securing what seems to be the perfect job, Nina Winchester offers her the job on the spot, and Millie moves into the attic room of the huge, seemingly perfect home.

As time progresses it becomes clear that all is not as it seems.

Nina, who came across as utterly charming on first meeting, soon begins to display bizarre and erratic behaviour, pushing Millie to take refuge in the company of kind, handsome Andrew Winchester.

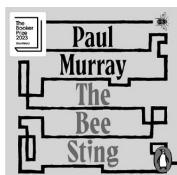


Things then start to take a dark turn; Millie discovers that her tiny attic room locks only from the outside and before long the terrifying twists start coming, making this a compelling page turner that could easily be read in one sitting.

Most of the group enjoyed the book, agreeing that it was a riveting read.

Recommended if you're a fan of gripping domestic thrillers with major plot twists.

Next read:
THE BEE STING
by Paul Murray



You're warmly invited to join us at



OASIS
BEREAVEMENT SUPPORT GROUP



The Parish of Pangbourne
with Tidmarsh and Sulham
St James the Less : St Laurence : St Nicholas

*Getting together for
coffee, company and conversation*

2 to 3.30pm

The Elephant Hotel, Pangbourne

**Starting on Thursday 25th April and then on
the fourth Thursday of each month**

TIDMARSH WITH SULHAM PARISH COUNCIL

Janine Lewis has stepped down as the Tidmarsh with Sulham clerk to concentrate on her role as a District Councillor for Tilehurst. Local resident Karen Fountaine has taken over as clerk. She can be contacted via the usual email address, clerk@tidmarshwithsulham.co.uk

The Parish Council meets on the second Wednesday of each month at 8.00pm and members of the public are welcome to attend. The agenda will be posted on the noticeboard by the bus stop in Tidmarsh and the layby in Sulham a week before the meeting.

The Annual Parish Assembly was held on April 3rd. Draft minutes of the meeting will be posted on the village website once they have been reviewed by the parish council. The meeting was addressed by four speakers:

- District Councillor Stuart Gourley, portfolio holder for Environment and Climate Action spoke about the flooding over the winter and the actions being taken.
- Our District Councillor Matt Shakespeare joined the meeting via zoom and gave an update on local issues.
- District Councillor Tony Vickers, portfolio holder for Planning and Berkshire Communities gave an update on planning matters.
- John White gave a talk on the Asian Hornet and the plan to set up traps in kilometer squares around Pangbourne.

I would like to remind everyone that all problems with service, flytipping, highways, etc, should be reported through the monitored West Berkshire Portal, <https://westberks.gov.uk/services>.

The quick link for potholes is <https://westberks.gov.uk/reportapothole>

The quick link for all services is <https://westberks.gov.uk/reportaproblem>

CHURCH SERVICES

St James | St Laurence | St Nicholas

www.pangbournechurches.org

JULY

Sunday 7th

10 am	Holy Communion	St James
11.15am	Holy Communion	St Laurence

Sunday 14th

7.45am	Holy Communion (BCP)	St James
10am	All Together Worship	St James

Sunday 21st

10am	Holy Communion	St James
11.15am	Morning Worship	St Nicholas

Sunday 28th

7.45am	Holy Communion (BCP)	St James
10 am	Holy Communion	St James

AUGUST

Sunday 4th

10 am	Holy Communion	St James
11.15am	Holy Communion	St Laurence

Sunday 11th

7.45am	Holy Communion (BCP)	St James
10am	All Together Worship	St James

Sunday 18th

10am	Holy Communion	St James
11.15am	Morning Worship	St Nicholas

Sunday 25th

7.45am	Holy Communion (BCP)	St James
10am	Holy Communion	St James

Midweek Holy Communion

10am every Wednesday morning in St James. All welcome

A WORD FROM OUR RECTOR, REV MARK HOPKINS

Dear Friends,

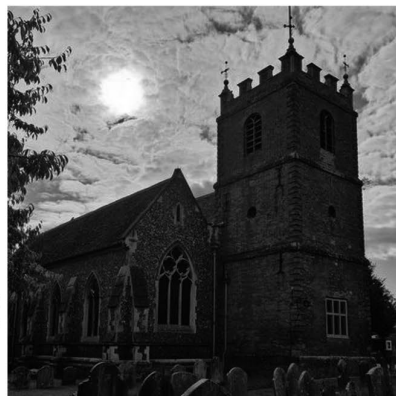
Often I am asked at Christmas and Easter “this must be your busy time”. It is true to an extent that in church terms, the months of July and August often seem much quieter, an opportunity to enjoy a more restful, contemplative time at church whilst enjoying the hot (hopefully not too hot) weather. These times of rest are important, as Jesus said, “come to me all who labour and are heavy laden, and I will give you rest” (*Matthew 11.18-20*). Even though the school holidays may not always seem “restful” for busy families, there is value in pausing from day to day business.

Having said that, July will not be so quiet this year with a snap general election on July 4th and the potential changes this may bring. At church too there will be a change as our curate Rev Rachel is ordained priest, meaning she will take on a wider leadership role with me in terms of leading services and activities.

Please keep an eye on our services and activities during July and August. Although our Noah’s Ark group will not meet weekly during the school holidays, we will be holding two “stay and play” sessions during August, and our fortnightly St James Café will continue as usual.

With best wishes for the Summer,

Rev Mark Hopkins



Early August morning at St James by Rachel Jeremiah

The Parish of Pangbourne with Tidmarsh and Sulham



WHAT'S ON



St James Café
St James Church, Pangbourne

3rd and 17th July
7th and 21st August

Coffee & Chat

“Drop into St James Cafe in Pangbourne each 1st and 3rd Wednesday 11am to 12.30pm

You'll be assured of a warm welcome



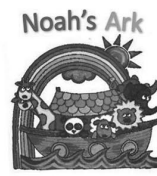


BECOMING MORE INCLUSIVE
A SERIES OF SEMINARS IN ST JAMES THE LESS DURING 2024

Wednesday 11th September, 7pm
Ethnicity
with Revd Polly Falconer

What does being Anglican look like?
Where does racial bias come?
What are the challenges of this verse for you and your church:
The foreigner residing among you must be treated as your native-born. Love them as yourself, for you were foreigners in Egypt. I am the LORD your God. (Leviticus 19.34)

www.pangbournechurches.org/becoming-more-inclusive



NOAH'S ARK over the Summer
The last Noah's Ark toddler and baby group before the Summer holidays will be on **Friday 19th July at 10am** in St James church.
It will start again at **10am** on **Friday 6th September**.

Stay and Play during the Summer holidays
We'll be holding a couple of stay and play sessions during the holidays from **10 to 11am** on **Friday 2nd and 16th August**.
Little ones and school aged children welcome.

www.pangbournechurches.org

You're warmly invited to join us at



OASIS
BEREAVEMENT SUPPORT GROUP

 The Parish of Pangbourne with Tidmarsh and Sulham
St James the Less : St Laurence : St Nicholas

*Getting together for
coffee, company and conversation*

2 to 3.30pm
The Elephant Hotel, Pangbourne

On Thursday 25th July and 22nd August and then on the fourth Thursday of each month

MY JOURNEY INTO BEEKEEPING - PART 4

The early signs of activity around the hives in February with bees coming and going with pollen gave me great confidence that the bees had survived a very wet winter. The almost continuous rain throughout March and into April though, started to cause me concern and delayed the first inspection of the year. I need not have worried, I am pleased to say!

When I finally opened the hives for the first time on the 11th April, they were brimming with bees in all stages of development – eggs, larvae and capped brood ready to emerge as adult bees. The queens were visible in both hives, but my main concern

was the fact that the bees in Hive 1 had started to produce queen cells – a clear sign that they were running out of room and were making plans to swarm. This is when up to half of the bees leave with the queen to set up a new colony, leaving one or more cells containing a developing queen and the rest of the bees behind. The only way to thwart their plans is to do a ‘split’, putting frames from the congested hive containing eggs, larva, nurse and worker bees into a small nucleus box along with a couple of frames of food they have made and some empty ones for them to start building wax. I chose two frames that already had a queen cell each as my insurance, that they would be able to raise one of them. The bees feed the growing larva with royal jelly and after 16-18 days the first one should emerge. The triumphant queen then makes a piping sound which lets all the other bees know they have a new queen and swiftly despatches her rival. Around a week later she leaves the hive to fly to a drone (male bee) congregation area to be mated. This is located around $\frac{1}{2}$ to 1 mile high in the air and can be up to 3 miles away so this journey in itself can be dangerous for the new queen. It was therefore nearly 5 weeks until I could open up the nuc box to see whether the process had been successful and to my delight I found a perfect new queen being attended by the other bees and laying lots of tiny rice shaped eggs in the cells made for that purpose.

However, two weeks after the first split, Hive 2 followed the same pattern by building queen cells in preparation to swarm. Again I carried out the same process and successfully split the hive into two. Now, back in the winter I had made the decision to start a third hive this year but I was on track to have 4. It doesn't take a



mathematician to realise that within a few years at this rate I would have over 30 hives!! Fortunately a friend who had previously lived next door for a short period of time had decided to keep bees, so they were more than happy to have the nuc from Hive 1. And if you believe in coincidences – my friend lived in the house that Brian Murby lived in as a young man. They then moved to a cottage in a village just a mile or so from where Brian grew up on the Ridgeway. I'm sure he would have been delighted to know that bees from Tidmarsh are now flying around the fields and hills where he spent his childhood.

An inspection of the bees yesterday showed that they are doing well, although I noticed that they are not bringing in the expected amount of pollen and their stores of food are diminishing. Nectar can only be released from flowers when the temperature exceeds 15 degrees and the recent cool weather has had an effect on the food available for bees and other pollinators. Known as the June gap, this can have devastating consequences as bees can die of starvation within days. Fortunately both hives have already produced quite a lot of honey which they are using – hopefully if the weather warms up for a prolonged period they will be able to collect the amounts of nectar and pollen they need and I will be able to extract some spring honey!

Karen Elliott

SULHAM FARM NEWS

Work on the Biodiversity Net Gain project continues at pace, with the arrival of a fencing contractor to finish the remaining stock fencing. Over the coming weeks the field gates will be installed, followed by water troughs and pipe to provide water for the livestock that will graze the site. In all, around half the grassland area will be summer and winter grazed, with the remainder being cut for hay followed by winter grazing. Scrub areas and some of the very small fields will be left ungrazed for the spring/summer growing season. This will allow a stockpile of grass to build up that will be utilised in the autumn/winter as grazed conserved feed; this is a traditional practice known as 'foggage'. The intention of implementing a variety of different grassland management strategies is that it will in turn provide variation in the habitat we are creating, crucial to increasing biodiversity.

As we begin to finish the seeding and infrastructure work at Stonehams farm, we have begun planning the second phase of the project, including seeding Saddlers and Railway fields this autumn and creation of a wetland area in Railway field. The ground works for this are due to start this summer, and the intention is that the works will enhance an already seasonally wet low lying area of the field to create a mixed wetland, hay meadow and extensively grazed grassland habitat. Let's hope we have a few dry weeks in August to allow the combine and diggers to work!

Andrew Clay, Farm Manager, The Sulham Estate 07810550420



**XPERT
ENERGY**

Solutions

HEAT PUMPS

the art of
using less energy
to stay warm

T: 0118 930 3600
www.xpertenergy.co.uk



A . B .
WALKER

Local, independent, family-run funeral
directors serving Tidmarsh and
Sulham since 1826.

Our compassionate and professional
team are here to help you with
everything related to a funeral from
pre-planning to bereavement support.

www.abwalker.co.uk
0118 304 0068

REPORT FROM THE PANG VALLEY FLOOD FORUM



Everyone will be aware that we have had a lot of rain in recent months. In fact, rainfall in our area has been some 50% above average since March 2023. This has led to record groundwater levels in the East Ilsley and Compton area which is the source of the River Pang. Inevitably there have been times when fields and roads have been underwater for lengthy periods of time; we are not aware of any property flooding in the Tidmarsh and Sulham villages.

Over the last ten years, the Pang Valley Flood Forum has worked closely with West Berkshire Council, the Environment Agency and Thames Water in order to reduce the risk of flooding and to mitigate its effects when it does happen. To this end, we have worked with landowners, such as Englefield Estate, to introduce natural flood management interventions such as leaky dams in the streams which feed the Pang; this slows down the rate at which water reaches the Pang, allowing time for the river to absorb the effects of heavy or prolonged rainfall. Eroded banks have been restored, so that water is retained in the river rather than spilling into neighbouring fields and then onto the roads. We have implemented sluice operating procedures which ensure optimum flow of the river without adversely affecting properties further downstream. A spillway was cut in the bank of the Sulham Brook to allow water to spill into the field between Reading Road and the railway line at the east end of Pangbourne; this reduces the risk of the Sulham Brook overbanking and threatening properties. We greatly appreciate the co-operation of Sulham Estate in this intervention.

We are aware that Mill Lane remained flooded and impassable to most vehicles for several extended periods from January to March. WBC has been asked to investigate ways to prevent this flooding in future. At the time of writing we have not had a report back from WBC and we shall keep it on our agenda for future meetings.

We hope that the summer months will give some respite from the unprecedented rainfall of the past fifteen months and that all residents can enjoy some sunshine and warmth.

Kay Lacey, Pangbourne Flood Warden

WEST BERKSHIRE COUNTRYSIDE SOCIETY

The Society exists to promote the understanding, appreciation and conservation of the West Berkshire Countryside. We also learn a lot and get to have fun while we do so. We hold free events where you can meet friendly and like-minded folk; organise regular walks guided by a knowledgeable leader; organise talks on natural and local history; and support Barn Owl conservation. When you join the Society, there is a £15 annual subscription. This entitles you to four copies of the 'Upstream' newsletter per annum.



Find out more and become a member!
membership@westberkshircountryside.org.uk

EVENTS DIARY JULY - SEPTEMBER 2024

The events below give you the opportunity to come out on practical tasks, learn new skills, meet new people and, above all, enjoy yourself. Tasks begin at 10.00am and finish by 3.00pm. You are welcome to stay for as long as you wish. Please wear suitable clothing and footwear, bring work gloves and make sure you have refreshments for your day. All tools will be provided. Grid references and 'What Three Words' listings locate the task meeting point. Please check the website for updates.

July 2024

Tue 2nd July 10:00 Lockdown Woods, Hungerford

Details to be confirmed. Please see the Society's website for updated information.

Wed 3rd July 9.15pm Nightjar Walk

Join Society members to look for and hear these summer visitors to the heathland.

Meet at the Crossroads on the Common

SU556 961 taskbar:flagpole.sensual

Tue 9th July 10:00 Sulham Home Farm

Continuing ragwort control on this SSSI. Parking at Sulham Home Farm. Please bring a fork if you can.

SU643 758 artist.resist.humans

Tue 16th July 10:00 Ashampstead Common

Raking previously cut grass in woodland glades. Meet at Buckhold car park.

SU587 751 swells.wrist.dandelions

Tue 23rd July 10:00 Grove Pit Common, Leckhampstead

Path maintenance on this parish wildlife site. Access the common via the track which

leaves the B4494 west at Cotswold Farm. Please leave your vehicles at the bottom of the track and walk up to the common. *SU440 777 bossy.connected.tubes*

Tue 30th July 10:00 Rushall Manor Farm

Habitat management. Meet at the Black Barn off Back Lane between Stanford Dingley and Bradfield. *SU584 723 telephone.brink.crate*

August 2024

Tue 6th Aug 10:00 Furze Hill, Hermitage

Grassland and butterfly habitat management on this parish wildlife site. Ample parking at village hall - through double gates off Pinewood Crescent.

SU512 740 simmer.equipping.casual

Tue 13th Aug 10:00 Eling Way

Clear invasive vegetation either side of the Eling Way. Park at Furze Hill/ Hermitage village hall car park.

SU512 740 simmer.equipping.casual

Tue 20th Aug 10:00 Hosehill Lake, Sheffield Bottom

Construction tasks and footpath clearance around the lake, with BBOWT. Park in the car park of the Fox and Hounds pub at Sheffield Bottom. *SU650 699 noisy.doll.roof*

Tue 27th Aug 10:00 Rushall Manor Farm

1/2-day task followed by volunteers' BBQ. Meet at the Black Barn off Back Lane between Stanford Dingley and Bradfield. Please bring a drink plus plate and cutlery.

SU584 723 telephone.brink.crate

September 2024

Tue 3rd Sept 10:00 Winterbourne Wood

Coppicing hazel and clearing paths and bracken. Park on the main woodland entrance track

SU447 717 headboard.tubes.olive

Tue 10th Sept 10:00 Malt House

Coppicing and hedge laying, Parking is on the track off the W. Woodhay road.

SU404 637 belts.glorified.connects

Tue 17th Sept 10:00 Padworth Common

Habitat and pathway management with BBOWT. Parking at the reserve.

SU619 648 bigger.restores.highlighted

Tue 24th Sept 10:00 Bucklebury Common

Heathland and woodland management. Meet at the Crossroads

SU556 691 taskbar.flagpole.sensual

www.westberkscountryside.org.uk

E.A. LAMING

Flat Roofing

15 Years Guarantee
on all high
performance felts

also
Tiling and Lead
Repairs

Phone Bradfield
0118 974 4701
Mobile
07880 930958

Email: eddylaming@hotmail.co.uk

43 years' experience

SUMMER GARDENING

Spring has been about three weeks ahead. Foxgloves which flower in June are out in May.



Many trees will bear a large crop due to the warm winter that will need to be thinned out if the June drop does not do the job for you. Where there are clusters of three or more fruit, remove the smallest ones, leaving two. This will result in larger fruit. In order to help the sun reach the fruit and sweeten it, remove new growth at the tip of stems.

JULY

Keeping on top of weeds is top priority. July should be less of a problem as it dries up, but wet spells may persist and weeds with them. Deadhead roses, geraniums (pelargoniums); prune plum and cherry trees (prunus), water plants well during the early or late cool part of day and mulch to retain moisture - unless the rain does it for you.

Pinch out tomato side shoots each week and cut off any leaves growing below the lowest ripening fruit trusses. Feed with dilute tomato fertiliser weekly. If leaves look pale and yellow, feed more regularly. Pick runner beans often to prevent them becoming stringy and to make room for developing pods. Check the leaves of gooseberry bushes for sawfly larvae and remove with water or by hand. Peg down runners on strawberry plants to create more plants for next year. Harvest early crops: consider picking young veg to provide a sweeter and fresher addition to your plate.

AUGUST

Camellias and Rhododendrons need to be well watered at this time of year to ensure that next year's buds develop well. Watering is key for all plants, especially in pots - even if it rains.

SEASONAL RECIPES FROM THE OLD SCHOOL KITCHEN

It has miraculously stopped raining and we've actually had some sunny days. That means al fresco dining. We are not taking any chances however and have a new weatherproof gazebo. The Old School cooks bring to you for summer picnics a French Tart, an English tart (sorry Nigella) and a Mexican/American cheat.

Chicken and tarragon tart (adapted from Richard Bertinet.)

Regular readers of this column will know that Chef J is the pastry chef. She makes this tart using his recipe for semolina pastry, but if you want to save considerable time then either make your own shortcrust or buy it. Anyone who has tried to cook Bertinet recipes will know he isn't good with quantities so the following is for a very deep tart or maybe 2 shallower ones.

Enough pastry to line a very deep 26cm tart case
or 2 smaller ones

100g butter	½ nutmeg grated
100g flour	500g chicken meat, whatever your preference
1 litre of full or semi skimmed milk	2 tbsp olive oil
4 egg yolks	250g button mushrooms
50g Emmental cheese	2-3 tbsp of finely chopped fresh tarragon
30g grated parmesan	1 tbsp finely chopped parsley
2 tsp Dijon mustard	
Sea salt and freshly ground pepper	



Preheat oven to 190C/gas mark 5. Grease a 26cm tart tin with a loose bottom. Line tin with pastry rolled out 5mm thick. Don't trim edge yet (chef J's tip). Prick the bottom lightly with a fork. Line with baking paper and ceramic beans and put in fridge for 30mins, then remove and put on a baking tray and bake for 15mins. Lift out the beans and paper. Brush with beaten egg and bake for another 10 mins.

To make the filling, melt the butter in a pan, add the flour and cook for 1 minute whisking all the time. Add the milk very gradually, whisking continuously until the mixture comes to the boil. Lower the heat to let it simmer and let it cook for at least a minute until it thickens. Whisk in the egg yolks, cheeses and mustard. Take off the heat and taste and season with salt, pepper and nutmeg.

Cut the chicken into fine strips. Heat the oil in a frying pan and gently cook the chicken for around 5 minutes until just cooked. Remove the chicken and drain on kitchen paper.

Add the mushrooms to the frying pan and brown them for 2-3 minutes. Add them to the filling with the chicken and herbs. Season well. Let it cool before filling the pastry case.

Put back on the baking tray and bake for 20-25 minutes until the filling is golden and just set if you wobble the tray. Eat warm or cold but trim excess pastry off at this point.

Cheats Caesar salad (chef M's invention)

Dressing

2 tablespoons of mayonnaise (*I use Hellman's but Heinz is also good*)

1 inch squirt of anchovy paste (*available from Ocado, Waitrose and Amazon*)

Water

Beat the mayo with a fork to loosen. Then add anchovy paste and beat until mixed. Thin the dressing with water to required consistency and put in fridge until used.

Croutons are easy to make with leftover bread that's frozen. (We always have some left over from Birch bread). Takes minutes to defrost. Cut into small chunks and put into bowl with a little salt – not too much as the anchovies are salty, pepper and a pinch of dried oregano. Use a little olive oil to mix. Put on baking tray and bake at 200C for approx 5 minutes.

Cut up Romaine lettuces then diners can assemble their salad to taste. (Chef M likes lots of dressing. Chef J less.) Put romaine in your bowl and add your protein – prawns, chicken even fish fingers work. Then some grated parmesan, croutons and dressing.

The real cheat is to buy Caesar salad dressing, but not in Sulham. Heaven forefend.

Nigella's watermelon daiquiri (for 2)

And you can make this without rum!

6oz light rum

3oz lime juice

2 teaspoons of sugar syrup

½ blender of frozen watermelon chunks

Blend and pour

Chef M's tip: buy a bag of Funkin lime juice if you are into cocktail making and hate squeezing limes. Costs the same and lasts in the fridge but it's a large quantity.

Coral Reef Barbados

banana daiquiri for 2

2.5ozs white rum

2oz lime juice

1 banana

2oz crème de banane

Ice and blend to a creamy consistency

RESTAURANT REVIEW TOBI'S Secret Garden at the Old Boot Inn

Stanford Dingley <https://www.oldbootinnstanforddingley.co.uk>

The Old Boot Inn was reopened under new management on 1 May, by a London chef who has recently moved back to the area with his wife (who grew up on the family farm in Ashampstead) and family.

The Pub offers a traditional pub menu, but we chose to try out the newly opened TOBI's Secret Garden restaurant, which is in the garden of the pub.



The restaurant is housed in a massive heated teepee, which offered us a very relaxed and eclectic dining environment.

The menu was focused on grilled meats and fish from an open BBQ, flatbread pizzas and healthy salads. We chose a whole grilled sea bass to share, a grilled vegetable and quinoa salad, a mixed garden salad and chips (naturally). They haven't got a dessert menu yet, so for afters we shared a piece of raspberry and white chocolate cake.

The food was delicious and the experience a refreshing change from other local offerings. And not bad value either comparatively;- the bill came to £50 plus drinks and tip.

It's early days for them, but as they establish themselves and the menu, TOBI's Secret Garden promises to be an enjoyable and delicious addition to eating choices in the area. I hope they can make it work, so do give them a try.

Lucy Clow

CAUTION ALL CHARLIES!

In case you think this doesn't apply to you, a 'Charlie' is anyone with mobility problems who travels by air. I picked up the term last year when I did my first long-haul flight since the COVID pandemic and yes, it may be that this was just a nickname applied by one British Airways cabin crew to those who needed wheelchair assistance but it's worth bearing in mind that the disability service for passengers might have gone downhill over the last five years. It certainly has in my experience and it's not specific to this country, believe me. Airlines themselves are not providers of disability services at airports. It's the responsibility of the individual airport so experiences will differ. While I might laugh about it, it's certainly something to consider if you or a relative is disabled and prepare for the worst while hoping for the best.

My most interesting time was at Dallas/Fort Worth International Airport in Texas, where I was booked to transit between flights. Now this is a huge airport, with at least five terminals and heaven knows how many gates, but I had mobility assistance and nearly four hours between flights so what could go wrong? The answer proved to be: plenty!

First, there was a shortage of wheelchairs for passengers getting off the flight but then I was in no hurry. Wheelchairs duly arrived in the fullness of time but only one man to push two of us. No problem. He was a past-master at this and skilfully manoeuvred us in the right direction with the other wheelchair passenger's wife bringing up the rear with her own walk-on luggage. We reached a lift. All in and down a floor. Doors open, he pulls out Wheelchair Man, Wife gets out, doors close before I can be extracted. Me and my wheelchair go whizzing up again to the floor we had just left and as I went, having a quiet laugh to myself at my novel adventure, I could hear the Wife shrieking 'She's lost! She'll be panicking!' Not my style, I'm afraid, lady. The doors reopened at our original floor to reveal more wheelchair passengers and surprised mobility staff. A quick trip down to re-join my original party and to assure the Wife that I was absolutely fine.

To cut a very long story short, Wheelchair Man and Wife were left at their gate and then my pleasant, helpful wheelchair pusher tried to get me to mine, first by monorail (wonderful views of the airport for airport enthusiasts) and then by intensive pushing. No sooner did we reach anywhere than he found that the gate or the terminal had changed. He was constantly being harassed by his supervisor (curse mobile phones!) and was eventually forced to hand me over to a man with a disabled buggy that carried six passengers. Fun and games! Now we dashed round terminals and gates, some lucky passengers being dropped off, some newcomers joining, and all the while the gate and terminal for my flight kept changing and time was ticking away. A stop for food? A loo break? Both impossible. We charged on, narrowly avoiding those

on foot. The final score was three different terminals and eight different gates but I caught my connection.

So what is the moral of this tale? If you are a disabled passenger or travelling with one, don't panic, don't lose your sense of humour, don't grumble and don't blame your person with the wheelchair. There are remarkably few situations in life where panic actually helps. However, a positive attitude and a sense of humour definitely do. Grumbling gets you nowhere and it certainly doesn't get you extra assistance from what I saw. As for whoever is pushing your wheelchair, driving your buggy or struggling with your suitcases, he or she works really long hours, is constantly harassed by their frantic superiors and is probably paid peanuts. Yet many are cheerful and the majority try to do their best. Will I travel as a 'Charlie' again? You bet! A few more trips like the last and I could write a book – starting with the interesting tale of what happened when I got back to Heathrow!

Sabena Douglas

th^{the}movementclinic

Physio-led Pilates and exercise classes

- 1 to 1 sessions and assessments
- Small group mat work (Monday and Thursday evenings at 19:45, £12)
- Pilates-based seated and standing exercise class (Monday and Thursday mornings at 10:30, £12)
(All classes also available live on zoom)

Email Vicky info@thmovementclinic.co.uk or call 07775 638611

Unit 2 Enterprise House, 41 Reading Road RG8 7HY



SHORT BREAK ON THE GOWER PENINSULAR

Perfect for those who love walking, nature and the sea

The Gower peninsula is one of the easiest areas to get to from here; just a short drive beyond Swansea, which is about 3 hours straight down the M4. That

said, Gower feels much more remote; it was the first area to be designated as an Area of Outstanding Natural Beauty some 67 years ago and as a result is one of the most pristine parts of the UK.



Although compact, the approximately 16-mile long peninsular offers a rich and diverse landscape, with open wild moors and dramatic limestone cliffs ringed by picturesque sandy beaches in the south. In the north, the coast is characterized by expansive salt marshes that gradually merge into the Loughor Estuary.

There are many well-publicised walking trails to enjoy in the area, that take you along sand dunes and towering grassy cliff tops, through woods and past hidden coves, Iron Age promontory forts and Medieval castles. Gower also offers the best surfing in Wales (so I'm told) on its south and western edge, and there are surf schools at Caswell Bay and Rhossili Bay. Climbing, paddleboarding and coasteering are also available along the coast.

Gower has enjoyed a rich history and there are many castle ruins to visit, as well as neolithic sites such as Parc-le-Breos Burial Chamber and Arthur's stone. Also Paviland Cave, where the skull of a man who lived 18,000 years ago was discovered.

We stayed in a cottage nestled just behind the Pwll Du beach, accessible only by a cliff side 4-wheel track - truly back to nature. There are some lovely villages to visit around the peninsular, with friendly pubs and some notable restaurants. All in all a wonderful place to visit.

Lucy Clow

UNLOCKING YOUR POTENTIAL - ENERGY



Our ability to succeed at most things in life can often come down to one main factor...“Have I got the energy to do this?!” Whatever form that success may look like, whether that’s the energy to take on more responsibility in the workplace, the energy to go out for that run you’ve been meaning to, the energy to finally get that renovation project finished or the energy to spend some quality time playing with your family in the park. Nourishing the body’s natural ability to generate cellular energy, harnessing the power of our internal energy production mechanisms and restoring and replenishing our energy supply is therefore crucial to our day-to-day existence and our ability to function and is a critical component of our overall health and happiness.

Low energy levels can be linked to a variety of factors, including lifestyle habits, medical conditions, psychological factors, and environmental influences. Some common causes of low energy levels are: lack of high-quality sleep, nutritional deficiencies, stress and anxiety, dehydration, gut health issues, lack of physical activity, endocrine and hormonal dysfunction and environmental factors.

It’s important to note that experiencing occasional tiredness or fatigue is normal, especially after strenuous physical activity or during periods of stress. However, persistent, or unexplained fatigue that interferes with daily functioning should be evaluated by a healthcare professional to determine the underlying cause and appropriate treatment.

One molecule that plays a crucial role in various biological processes, including energy metabolism, DNA repair and gene expression is a coenzyme found in all cells called NAD⁺ (Nicotinamide Adenine Dinucleotide). NAD⁺ also serves as a reactant for enzymes such as sirtuins, which are linked to regulating cellular processes like ageing, inflammation, and stress response. NAD⁺ levels can be influenced by several factors such as diet, exercise and ageing. It is important to maintain optimal levels of NAD⁺ for overall health and cellular function, it is also required to “slow down” the genes that accelerate the ageing process. The average 45-year-old has already experienced a 50% decrease in NAD! Luckily, you can now add NAD⁺ to your daily ritual via liposomal, sub-lingual drops.

You can support your body’s energy-yielding mechanisms through informed nutritional choices which can include incorporating supplements such as; Methylated B vitamins, iron and CoQ10, ensuring adequate electrolyte levels and adding potent anti-oxidants such as glutathione and beetroot and broccoli sprout shots. All of these are stocked in the Formula Health clinic and our Nutritional Therapists will be able to provide you with guidance to ensure you are taking the correct supplements for your

specific needs, including arranging tests to assess your current levels if required. Holistic therapists take a comprehensive approach to supporting energy levels, addressing the interconnectedness of mind, body, and spirit to promote holistic well-being. Our practitioners Liz and Lara may use techniques such as Acupuncture, Kinesiology or Reiki to balance the body's energy systems. These practices aim to remove blockages and restore energy flow throughout the body, promoting vitality and well-being.

By integrating trauma-informed principles, personalised coaching strategies, and a holistic approach to health and well-being, our trauma-informed coaches such as Wendy specialising in chronic exhaustive conditions can effectively support patients in managing energy levels and reclaiming vitality.

Some individuals find a spiritual connection or purpose is essential for maintaining their energy and vitality. Our Yoga and Qigong instructors may incorporate spiritual practices, breathwork, or exploration of existential themes to help clients cultivate a deeper sense of meaning and connection, which can positively impact energy levels.

If you've been struggling to spring out of bed in the morning, or you can't quite make it through your day without energy crashes or you're relying a little too heavily on caffeine to fuel your day, maybe it's time you reached out to Formula Health to address the root cause of your symptoms and to learn about the various ways in which you can give yourself a natural energy boost and take a more proactive approach to getting back in the driving seat of your health.

We hope you found this article interesting. Please do let the magazine editors know if there is a particular topic you would like us to cover.

Formula Health Ltd, 19 Reading Road, Pangbourne, RG8 7LR
info@formulahealth.co.uk – 0118 4181825



AWARD-WINNING
 INTEGRATED MEDICINE CLINIC
FORMULA HEALTH

OSTEOPATHY | SPORTS INJURY | SPORTS & REMEDIAL MASSAGE
 KINESIOTAPING | SHOCKWAVE THERAPY | EXERCISE STUDIO
 PODIATRY | 3D-PRINTED ORTHOTICS | COMPRESSION BOOTS
 NUTRITIONAL THERAPY | VITAMINS & SUPPLEMENTS
 DNA & MICROBIOME TESTS | METABOLIC ANALYSIS
 ACUPUNCTURE | REFLEXOLOGY | KINESIOLOGY
 PREGNANCY, MOTHER & BABY TREATMENTS
 HEALTH & WELLBEING PRODUCTS



0118 4181825 info@formulahealth.co.uk www.formulahealth.co.uk @formula_health_ltd

19 Reading Road, Pangbourne, RG8 7LR

Englefield CE Primary School

Sowing the Seeds for a Flourishing Future



The sun is finally making an appearance, giving our green-fingered children the opportunity to give Ruby's garden its spring tidy up ready for summer. The garden is now filled with beans, broccoli, spinach, carrots, tomatoes and cucumbers and the children are waiting with baited breath to see what will grow as a result of their hard work. We would like to add a huge



thank you to our PTA who hosted a very successful plant sale on Friday and who have donated some beautiful plants which have already been added to the garden by our hard-working gardeners.



The better weather also brings out the bees. Our Bee-keeping Club is back in full swing; each week, six of our eldest children don their bee suits and head over to the hives to monitor the bees. They are learning to locate the queen and how to tell a drone from a worker bee. It is a fascinating and rare opportunity for such young people to be able to experience and each one of them has taken to it with bravery and maturity. Hopefully it will be a good summer for honey-making!

This year, pupils of Englefield were very lucky to have their work on display at the Rotary Club Art Exhibition in Pangbourne Village Hall. Children from all across the school produced a picture using the theme 'Nature' and 28 pieces were chosen to be displayed in the exhibition. We are very proud to say that 6 of our children received highly commended certificates, one of whom, Robyn, was the overall winner of KS1. Well done to Eli, Rafa, Alfie, Aden and Phiorella for their outstanding work and a huge well done to Robyn for her winning piece.



Springtime means Maypole Dancing, a favourite tradition among the children. Mrs Kelley has embraced the popularity of Maypole this year, teaching them all the different patterns the beautiful coloured ribbons make depending on how you weave and skip in and around each other. Hopefully the children will be prepared to share

what they have learned for all to see at the Flower Show on July 13th.



With many stories to tell and memories to cherish, our Year 3 and Year 4 children have returned from their residential trip to Thirtover Place. They had a wonderful time challenging themselves with various activities focused on problem-solving, being creative and successful team work. Lily said, 'I loved the Big Art Project! We were out in the rain finding natural materials to make a picture. Our group made a tortoise.' Evie said, 'Orienteering was really fun; we were allowed to go off by ourselves. I really loved all the cake too - Colin the caterpillar was the best!' Willow and Alice talked about cricket and sleeping away from home; Willow said, 'It was a really sunny evening and although I was out on my first go I still loved it.' Alice added, 'We stayed up really late and we were very excited but very tired and I didn't miss home at all.'



Most of our children of this age have not experienced such a long time away from home and often the evenings and bedtimes present the biggest challenge. However, this was not the case; every one of them embraced the independence with a maturity beyond their years and have returned much more confident that they can achieve the things they didn't think themselves capable of.

Looking Forward

The second half of this term is now upon us and will be filled with summer fun and moving-up preparation. We have a whole school trip to the Ashmolean in Oxford to look forward to alongside a production from our Year 5/6 class and our annual Englefield Flower Show and Summer Fete which will be held on the 13th July at 2pm. This year will come to an end with an emotional Leavers Service at St Mark's and a good bye and good luck celebration for our Year 6 class before they make their exciting move on to pastures new. Every child leaves a lasting memory here at Englefield; it is a privilege to watch them learn and grow, and to be a part of that journey.



Random Countries

U	N	K	E	G	C	H	I	N	A	A	I	C	S
N	U	K	R	A	I	N	E	I	H	L	K	O	A
I	U	A	I	N	A	Z	N	A	T	G	S	N	U
T	G	L	I	H	K	D	I	I	L	E	P	G	D
E	A	D	N	A	U	U	A	R	I	R	I	O	I
D	N	E	I	N	A	R	I	N	D	I	A	S	A
K	D	A	N	I	G	E	R	I	A	A	D	P	R
I	A	R	N	E	A	P	D	U	U	C	N	A	A
N	A	I	S	Y	A	L	A	M	N	N	A	I	B
G	S	N	A	R	I	G	Z	R	D	B	L	N	I
D	A	N	S	A	A	M	R	U	B	S	I	G	A
O	A	A	N	I	T	N	E	G	R	A	A	N	N
M	I	E	A	N	A	H	G	N	I	A	H	I	A
N	U	I	A	L	S	N	I	D	A	A	T	A	I

CHINA
 CONGO
 THAILAND
 MALAYSIA
 BURMA
 PERU
 CANADA
 ALGERIA
 UGANDA
 SAUDI ARABIA
 UKRAINE
 IRAN
 GHANA
 SPAIN
 INDIA
 UNITED KINGDOM
 ARGENTINA
 NIGERIA
 TANZANIA

SAYINGS AND THEIR ORIGINS

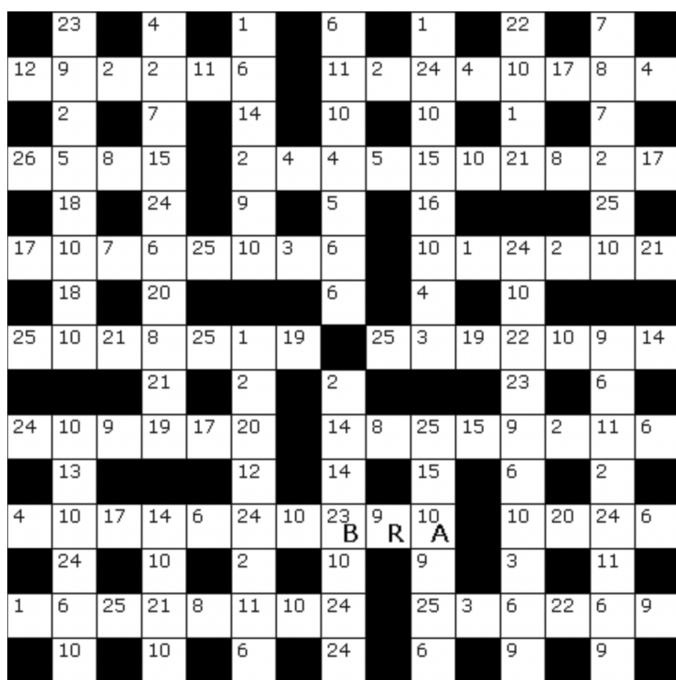
‘Get the Sack’: Thought to originate from when an employer would hand a sack to an unwanted tradesman. The tradesman then used the sack to load his tools and leave.

‘Mad as a Hatter’: Derives from the Leicestershire area, a historical centre for hat manufacture. In the poorly ventilated workshops of the 1800’s, makers inhaled mercury fumes used in the felt curing process which over time affected both kidney and brain.

CODEWORD

Codewords are like crossword puzzles, but instead of clues, every letter of the alphabet has been replaced by a number, the same number representing the same letter throughout.

You have to decide which letter is represented by which number. To start you off, we reveal codes for some of the letters. Fill in these letters in the puzzle and start guessing words and discovering other letters.



A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

Answers will be posted on the parish council portal
<https://www.tidmarshwithsulham.co.uk/magazine.htm>

LOCAL INFORMATION

Advice and Support

West Berkshire Citizens Advice Bureau

Bartholomew St, Newbury 01635 516 605

Pangbourne and District Volunteer Centre

Mon-Fri (ex Tue) 9:30-11:30 am 0118 984 4586

Ecclesiastical

The Church of England Parish of Pangbourne
with Tidmarsh and Sulham (PTS)

Priest in Charge of Pangbourne with Tidmarsh
and Sulham

Rev Mark Hopkins

The Rectory, St James Close, Pangbourne

0118 984 2928

rector.ptschurches@gmail.com

Church Administrator

Vanessa Saunders

Church office open Tuesday and Friday

12.00-3.00pm

office.ptschurches@gmail.com

Church Wardens for St James, Pangbourne;

St Laurence, Tidmarsh; St Nicholas, Sulham

Jill Palfrey 0118 984 2698

Julia Sheppard 0118 956 1820

PCC Treasurer

Stephen Billyeald 0118 984 3368

PCC Secretary

Helen Hopwood 07733 106020

Friends of St Laurence Chairman

Jon Chishick 0118 984 3666

Treasurer/Secretary

John Butler 0118 984 2621

Emergencies 999

All non-emergencies 101

Floodline 0345 988 1188

Medical

The Boathouse Surgery

Whitchurch Rd, Pangbourne 0118 984 2234

NHS Direct 111

Berkshire West Primary Care Trust

Reading office 0118 950 3094

West Berkshire office (Newbury) 01635 42400

Government

MP for Reading West

Alok Sharma (Conservative) 0118 945 4881

Councillor for the Pangbourne Ward

Matt Shakespeare (Liberal Democrats)

matthew.shakespeare1@westberks.gov.uk

Tidmarsh with Sulham Parish Councillors

Jon Chishick (Chairman)

j.chishick@tidmarshwithsulham.co.uk

Mark Farrington (Vice Chairman)

m.farrington@tidmarshwithsulham.co.uk

Solvej Biddle

s.biddle@tidmarshwithsulham.co.uk

Sima Elliot s.elliott@tidmarshwithsulham.co.uk

Bronwyn Wynne

b.wynne@tidmarshwithsulham.co.uk

Jonathan Pearson

j.pearson@tidmarshwithsulham.co.uk

Parish magazine Committee

Lucy Clow (editor) 07500 937 607

editortsmag@gmail.com

Gillian Alderton 0118 984 2729

Caroline Home carolinehome@btinternet.com

Parish clerk and responsible financial officer

Karen Fountaine

clerk@tidmarshwithsulham.co.uk

District councillor

Matt Shakespeare

matthew.shakespeare1@westberks.gov.uk

Public Transport

Rail Travel

First Great Western	08457 000 125
National Rail Enquiries	08457 48 49 50
TrainTracker (train times/fares)	0871 200 49 50

Bus Travel

DJ Travel (Tidmarsh Fri Service)	0118 933 3725
Reading Buses	0118 959 4000
Newbury Buses	01635 567500
Thames Travel	01491 837988

Traveline

National/local bus, train, coach, ferry and underground info	0871 200 22 33
---	----------------

Scouts and Girl Guides

1st Purley & Pangbourne Scout Group	
Registration Secretary r	egsec@1stPandP.org.uk
Girl Guides	0800 169 5901
	www.girlguiding.org.uk

Village Hall Committee

Alan Maskell	0118 984 5326
Gillian Alderton	
Karen Elliott	
Karen Fountaine	
Carol Williams	
Axel Lagerborg (Treasurer)	
Hall Bookings (Hilary Innes)	0118 984 2561
Emergency Contact	07954 140048
Email:	tidmarshvillagehall@hotmail.com

West Berkshire District Council

Main switchboard	01635 42400
Streetcare 01635	519080
Planning applications	01635 519111

We welcome all advertisements, articles and letters submitted for inclusion in the magazine but the editor reserves the right to refuse, alter or amend material for any reason. The editor accepts no responsibility for, nor necessarily agrees with, views expressed in such submissions.

Please email any items, **including photographs**, for the next edition of the magazine to editortsmag@gmail.com by 1st September 2024 at the latest.

Whilst we make every effort to ensure the accuracy of the information printed in this magazine, the editor cannot accept responsibility for the consequences of any errors or omissions that may occur.

ADVERTISING

If you would like to advertise in our magazine, send an email to lucy.clow@gmail.com

12 MONTHS

(4 ISSUES)

Full page: £200

Half page: £120

Quarter page: £75

Please send your advert details or changes to lucy.clow@gmail.com



www.tidmarshwithsulham.co.uk