

Tidmarsh with Sulham Parish Magazine

SUMMER 2023





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Welcome to the Summer issue of the Tidmarsh with Sulham magazine. The last few months have seen an uptick in events, with three long bank holiday week-ends in May to enjoy, not to mention the Coronation of King Charles III and Camilla. The magazine chronicles some of these, including what will be a regular bulletin on Karen Elliott's journey into beekeeping. We also have reminiscences to share with you of past events, including the Bath Road time trials.

At long last, after what felt like the longest winter ever, the warm sun is shining over blue skies and summer is with us again. In this edition we also bring you lots of summer activities to get involved in including; gardening and an open garden in Sulham to visit, a tennis open day, the restart of the Sulham v Tidmarsh village cricket match, as well as delicious recipes to try, a new county to visit and more puzzles to crack.

Thanks to Gillian Alderton for the front cover of cowslips in the local meadows.

As always, please keep your ideas and contributions for new content coming!

Wishing you all good health and a beautiful summer.

Lucy Clow
Editor

editortsmag@gmail.com
Tel: 07500 937 607

DATES FOR YOUR DIARY

DATE	EVENT	TIME
1 July	Pangbourne Tennis Club Open Day	1pm – 6pm
2 July	Holy Communion – St Laurence Church, Tidmarsh	11.15am
7 July	Village Walk – Meet at Village Hall	9.30am
7 July	Coffee Morning – Village Hall	11.00am
9 July	All Together Worship – St Laurence Church, Tidmarsh	10.00am
9 July	Open Garden – Walnut Tree Cottage, Sulham	2pm – 5pm
16 July	Family Worship – St Nicholas Church, Sulham	11.15am
4 August	Village Walk – Meet at Village Hall	9.30am
6 August	Coffee Morning – Village Hall	11.00am
6 August	Holy Communion – St Laurence Church, Tidmarsh	11.15am
13 August	All Together Worship – St Nicholas Church, Sulham	10.00am
20 August	Family Worship – St Nicholas Church, Sulham	11.15am
1 September	Village Walk – Meet at Village Hall	9.30am
1 September	Coffee Morning – Village Hall	11.00am
10 September	Sulham v Tidmarsh Village Cricket Match	from 1pm

SPRING VILLAGE QUIZ – MAY 20TH

A big “Thank You” to Jon and Annette Chiswick for once again devising an excellent quiz, which included a very clever table quiz of Food Anagrams. The quiz was enjoyed by all who attended, though sadly numbers were quite depleted, there being three large teams. All the way through it was very close between the teams and once the fiendish table quiz had been marked, the “Sulham 7” won by the narrowest of margins;- just a quarter of a point!!

Thanks also to Alan Maskell who once again organised prizes and an excellent raffle and to Gillian Alderton for the very tasty supper.

The quiz raised just over £50 which will go to essential maintenance of the Hall.

WINNERS OF THE 1ST DRAWS OF THE NEW “TIDMARSH & SULHAM VILLAGE COMMUNITY RAFFLE”

The Spring Village Quiz included the first round of draws for the new community raffle – the profits from which will be split between two of our key village resources – the Village Hall and publication of the Parish Magazine.

The draw has got off to a great start – to date we have sold 140 tickets with sales of £680. The first draw was for seven prizes, and the Winners are . . .

1. 2 Sunday Lunches at “The Greyhound” – Doug Battersea, Sulham
2. £25 – John Linley, Tidmarsh
3. £25 – John Haggarty, Sulham
4. £15 – The Durands, Tidmarsh
5. £15 – The Chiswicks, Tidmarsh
6. £10 – Derry Pywell, Tidmarsh
7. £10 – The Daniels, Tidmarsh

Many thanks to Stuart and Natasha for donating the lunches and as always a very big thank you to John Harland for collecting in person most of the Tidmarsh entries.

It’s not too late to enter and be part of the Autumn Draw; remember – the more tickets we sell the more prizes will be given out!!

Here is a reminder of how it works: In the spirit of the 100+Club, tickets £5 each, (any number of tickets per person) can be purchased by bank transfer or cash:

Payment details for Bank Transfer :

Tidmarsh with Sulham Magazine	Type: Business
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Lucy Clow, Step-Up Cottage, Sulham editortsmag@gmail.com
Gill Haggarty, Sulham Farmhouse haggartyjandg@btinternet.com

KEEPING IN TOUCH WITH WHAT'S GOING ON IN THE VILLAGES

These days we all increasingly rely on electronic ways to communicate information and events, as well as reading about them in The Parish mag or on posters.

The "Tidmarsh & Sulham Village" WhatsApp group is a great source of information about upcoming events as well up to the minute updates relating to our villages such as road closures etc etc. There is also a Sulham area Neighbourhood watch email .

If you would like to join the Whatsapp group and or email list, please drop an Email or Text to Lucy Clow editortsmag@gmail.com, Tel: 07500 937607

ST NICHOLAS CHURCH

Family services are at 11.15 on the 3rd Sunday of each month, lasting approximately 45 minutes. Hot drinks and cakes are served after the service. All ages welcome.



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Congratulations to St Nicholas wedding couples

Liz and Sean from Oaklands Farm married on May 27th (see photo) and Celia and Andrew from Sulham Farm married on June 17th.

Fundraising

Sadly, following this spring's heavy rain there has been water ingress and some considerable damage to the church décor means we will need to raise funds to cover repair costs.

If anyone has any fundraising ideas or would like to make a donation please contact Church administrator Vanessa Saunders office.ptschurches@gmail.com

**VILLAGE WALKS**

Village Walks leave from Tidmarsh Village Hall at 9.30 on the 1st Friday of every month. All walks are gentle paced and end at the Village Hall at 11am where walkers enjoy coffee at The Village Coffee Morning 11am to midday. Sociable doggies are very welcome.



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RG8 8EA

Sunday July 9th 2023

2-5pm

Tea and cake

Pimms bar

Entry to garden £5

(children free of charge)

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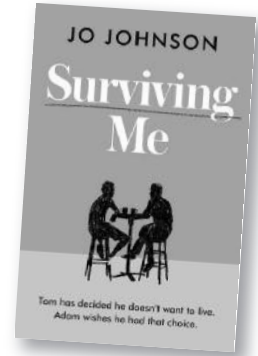
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REVIEW: SURVIVING ME by Jo Johnson

This emotive book gives an insight into the complexities of mental health issues and has an engrossing storyline with likeable characters. The author covers many topics with compassion and clear understanding giving the book depth.

The story is based around the lives of two men struggling with familiar issues within their work and home life. The author has dealt with difficult subjects sensitively and with humour.



Book club readers enjoyed this book.



Next Book Club read is
Demon Copperhead by Barbara Kingsolver.

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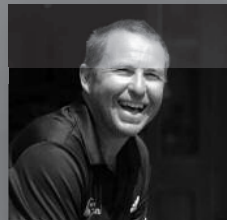
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pangbourne tennis club

Join us for our Smashing
Fundraising Open Day
with Danny Sapsford

(former Davis Cup player and LTA national coach)



Saturday 1st July 13:00 - 18:00

Pangbourne Recreation Ground

- **Masterclass coaching sessions for adults and children (age 6+)**
- **Fastest serve and pro serve-return challenge**
- **Exhibition doubles demo and play**
- **Exhibition doubles tie-break challenge**

Don't miss this chance to be on court with top tennis professionals the weekend before Wimbledon 2023!

Places on each session are limited

Search for *Pangbourne Tennis Club* for more information and to book for yourself or your children

Refreshments served all afternoon - friends, families and spectators welcome!



Organised with Bright Ideas for Tennis to support the development of Pangbourne Tennis Club. All funds raised will contribute to our court lighting project.

TENNIS MEMORIES, THE YEAR OF THE CORONATION

I can honestly say that I have been on the Centre Court at Wimbledon – but not to play tennis! In June 1953, I was on demob leave, having just completed my National Service. I was lucky enough to be selected as a seating steward for the Tennis Championships for the whole fortnight. As a result we had to check in each day by



10am and there was little to do for at least an hour, and some-one had the bright idea of taking a photo of us all on the umpire's chair on the Centre Court. The chair was not happy, creaking and groaning, and we couldn't all get on – but it definitely was one for my album – (I am on the extreme left).

Who is the author?

Check on the Puzzles page for the answer!

PRO TENNIS COACHING AND EXHIBITION EVENT

Just ahead of Wimbledon, Pangbourne Tennis Club has organised a Pro Tennis Coaching and Exhibition Event Day on Saturday 1 July at the Recreation Ground in Pangbourne. Two Professional Tennis players who have represented Great Britain in the Davis Cup, played at Wimbledon and also in other Grand Slam tournaments will spend the afternoon at the Club. They will be running group coaching sessions for adult members and children/teenagers (aged 6 to 16) from 1pm until 5pm, followed by a 1 hour exhibition play session.

Food and drink will be available throughout the day utilising the Club's pavilion facilities. For further details please contact John Alderton (Box Cottage, Sulham) or check out the Club website (clubspark.lta.org.uk/PangbourneTennisClub). All are welcome to attend and support. All money raised will go towards the court lighting fund.

Shaun Guard
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TIDMARSH WITH SULHAM PARISH COUNCIL

The Council has elected Andrew Madden as the new chairperson. We said a farewell to Steve Webb who resigned as the chairperson. He was thanked for doing a sterling job in the role over many years, and also for doubling up as the Clerk whilst a new one was sought.

In May, there were two Coronation events in the district. A picnic in the barn at Sulham, and a picnic on the Millenium Green, Tidmarsh. Thank you to Stuart and the team from The Greyhound Pub for the mobile bar. It was certainly needed as the day was much warmer than the very wet Coronation.

Our next meeting is on the 12th of July at 7.30pm and members of the public are welcome to attend. Full details are on the website and our new Facebook page, <https://www.facebook.com/TidmarshWithSulhamPC/>

Congratulations to Councillor Matt Shakespeare for being elected as the new District Councillor for Pangbourne. He came along to our last meeting and shared his ambitions for the ward. He also took a Q and A session that was insightful and invaluable. We are hoping he will attend all future meetings to educate us further on his priorities and progress.

We are keen to boost the numbers on the committee and generate more activity within the community. Last month we welcomed Karen Fountaine to the council, and she was successfully co-opted on. The parish council role can be as little or as big as you would like. But we do need more energy and bodies. I'm always happy to chat about the meetings and the various positions and roles available. Please do contact me, Janine Lewis, the Parish Clerk, on 07930920116 or at clerk@tidmarshwithsulham.co.uk

NEW DISTRICT COUNCILLOR

Hello, I'm Matt Shakespeare, the new District Councillor. I'd like to thank the Tidmarsh with Sulham Magazine for giving me this opportunity to keep everyone up to date with events at council.

It was great to meet so many people during the election campaign. To introduce myself to those I didn't meet: I've lived in Pangbourne for 13 years with my family. My children attended Pangbourne primary school and my wife, who is an English teacher, works in a local state secondary school; she assures me she didn't marry me just for the surname!

The local election on the 4th May brought in not only a new councillor for Pangbourne, but a whole new administration for West Berkshire. West Berkshire



VILLAGE CRICKET MATCH – SULHAM V TIDMARSH

**Sunday, 10th September from 1.00pm
at Sulhamstead Cricket Ground**

(off A4 opposite the Spring Inn)

This year we intend to re-start the annual cricket match between Sulham and Tidmarsh. The match has been going for over 20 years but the last few years have proven difficult to stage the event.

We need to get the two teams organised and don't worry about your cricket skills. All are welcome to join in – both young and the more senior! Search out your old whites and pads and if you are really keen you could even try a net session.

More details to follow but please put your names down!

For Sulham:

John Haggarty – haggartyjandg@btinternet.com

John Alderton – john.k.alderon@icloud.com

For Tidmarsh:

call into the Greyhound and give Stuart your contact details.

*The day will be open to all,
so bring along a picnic and drinks to support your village.*

Council is now made up of 29 Liberal Democrat, 11 Conservative, 3 Green and 1 Labour councillors; it marks the end of 18 years of Conservative rule in West Berkshire. After knocking on so many doors and having so many offers of help from fellow villagers, I was hopeful that a lot of people would support my campaign. As the ballots were counted, it was very humbling to see how many people had put their trust in me as I won with 53% of the votes. As a lifelong Lib Dem and West Bromwich Albion supporter, winning is not something I'm used to and certainly not something I'd ever take for granted.

I first stood for election in 2011 following West Berks decision to cut the library hours, close the public toilets and fire the lollipop lady who looked after the safety of our children outside Pangbourne Primary school, all whilst increasing councillors allowances. It didn't seem right to me that important, life changing, services were cut whilst councillors increased their own pay.

The three weeks since the election have been very busy. New councillors have been undergoing training on subjects such as safeguarding, planning and standards in public life. Training will continue at 6-8 hours a week for the next month or so. The new Lib Dem group met and formed an Executive (which is similar to the national government's cabinet) with members responsible for areas such as education, transport, finance, environment as well as health and social care. The Executive is the main decision-making body of the council with each area also having a committee made up of members from all parties who oversee and validate some of those decisions. The full council met on the 25th May to agree the composition of those committees.

We have been able to 'open the books' and see how the council is performing. In September, the local press reported that the council was overspending, and this was eating into reserves. It appears that warning wasn't heeded by the former Conservative administration who ended up spending £20M of reserves last year, leaving the new council with the minimum level of funds in the bank. This reminded me of the famous "sorry there's no money left" note the last Labour government left in the treasury, but without the apology. There are also some concerns on the performance of some of our services. For example, West Berkshire currently ranks 151st of 152 local authorities for early years outcomes. So, there are a host of challenges that we need to manage over the next months to get our council operating efficiently and delivering for the people.

We wrote our election manifesto knowing that there would be few resources to fund it, so none of the problems we've discovered will stop us from delivering. The planned £10M sports complex in Newbury will be cancelled, freeing up funds to improve our financial position. The Highways department has been given the new

policy to move to a first-time fix for potholes and they are now working out how best to implement it. The other key area of our election campaign was sewage. I've learned in the last week that the pumping station in Hampstead Norreys has been pouring sewage into the Pang almost constantly since mid-April. Aging pipes in that area allow rainwater to overwhelm the sewage works. This forces it to dump waste into a chalk stream that not only runs through Pangbourne but gives the village its name. I've passed a series of questions to our Environment Director about what Thames Water are doing to fix the pipes and what else they can do to avoid leaks. The new administration is looking at the various ways we can hold Thames Water to account and talking with other Lib Dem authorities in the region to see what has worked in their area.

Following the election, I attended the annual meetings of both Pangbourne and Tidmarsh & Sulham Parish Councils. It was fantastic to see how much good work both councils have been doing and to listen to their ideas for the future. I look forward to working with them to help implement their plans to preserve and improve our area.

I've also had a great number of messages and emails from residents asking me to help with problems ranging from planning to paths to potholes (always potholes!). I see this as my main job as your councillor, trying to help you with problems that the council can fix. I will be running regular **surgeries at the Pangbourne village hall on the second Saturday of the Month beginning 10th June from 12-2**. You can also contact me on the email below or follow me on facebook or twitter to get updates on what is happening at council or in the local area. Two important things to note:

- West Berkshire Council is consulting on active transport for the over 65s – this informs how we spend our money and I am very keen to improve transport links in the village. If you're over 65 please take part at westberks.gov.uk/active65
- We also want everyone to report problems they see around the district – potholes (see the theme here?), fly-tipping, broken car park machines. All can be reported at westberks.gov.uk/reportaproblem. The council can't fix an issue if they don't know about it.

If I can help, please get in touch at matthew.shakespeare1@westberks.gov.uk. For updates on what I'm doing, or what's going on in the local area please like/follow me on:

Twitter @PangbourneLD or Facebook.com/PangbourneLibDems

You'll hear more from me in the next edition. Have a great summer.

Matt



CHURCH SERVICES

St James | St Laurence | St Nicholas

www.pangbournechurches.org

JULY

Sunday 2nd

10 am	Holy Communion	St James
11.15am	Holy Communion	St Laurence

Sunday 9th

7.45am	Holy Communion (BCP)	St James
10am	All Together Worship	St Laurence

Sunday 16th

10am	Holy Communion	St James
11.15am	Family Worship	St Nicholas

Sunday 23rd

7.45am	Holy Communion (BCP)	St James
10 am	Holy Communion	St James

Sunday 30th

10 am	Holy Communion	St James
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AUGUST

Sunday 6th

10 am	Holy Communion	St James
11.15am	Holy Communion	St Laurence

Sunday 13th

7.45am	Holy Communion (BCP)	St James
10am	All Together Worship	St Nicholas

Sunday 20th

10am	Holy Communion	St James
11.15am	Family Worship	St Nicholas

Sunday 27th

7.45am	Holy Communion (BCP)	St James
10am	Holy Communion	St James

Midweek Holy Communion

10am every Wednesday morning in St James. All welcome

A WORD FROM NEW CURATE, RACHEL JEREMIAH



Despite growing up in Berkshire, I thought I had never been to Pangbourne, Tidmarsh or Sulham before until my first visit to the churches last year.

Imagine my surprise, therefore, when my mother recently placed an old photograph in my hand – as I stared at the toddler-version of me in the foreground playing with my older brother, I could just about make out the iconic, timeless image of Whitchurch bridge in the background extending from Pangbourne meadow, over the river to Whitchurch.

It was a happy and profound coincidence. After all, I could never have imagined at that moment how life would unfold and how I would eventually return to the area, this time not just for a day-trip but with children of my own, ready to serve as Assistant Curate.

But it has! I am delighted to be moving into the area to serve the parish at Pangbourne with Tidmarsh and Sulham, arriving from Ripon College Cuddesdon where I have been living with my family as I trained for ordained ministry for the past three years. Before that, we lived in Wokingham – not too far away.

My husband Mike is an IT consultant - the ultimate home-worker - and our children Naomi, Hope and Barnaby are looking forward to settling into local schools. We all love to be outdoors whatever the weather – an interest that has been nurtured during our annual holidays to the Inner Hebrides and Scottish highlands - and we especially look forward to getting stuck in to the various water sports and adventures Pangbourne has to offer. We are also all very musical: my professional background is as a musicologist, and the whole family enjoys singing.

I am so excited to join in community life, to get to know you all and serve the people of the parish in as many ways as I can. If you see me around please do introduce yourself: I love a chat - as you'll discover! - and would only be too pleased to meet you.

Rachel Jeremiah

The Parish of Pangbourne with Tidmarsh and Sulham



WHAT'S ON

Noah's Ark



NOAH'S ARK over the Summer
The last Noah's Ark toddler and baby group session before the Summer holidays will be on **Friday 21st July at 10 am in St James the Less.**

It will start again at **10am on Friday 8th September.**

Stay and Play during the Summer holidays

We'll be holding a couple of stay and play sessions during the holidays from **10 to 11am on Friday 4th and 18th August.**

Little ones and school aged children welcome.



Drop into **St James Church** in Pangbourne for a hot drink, biscuits and friendly chat.

11am to 12.30pm

every **first and third Wednesday.**

5 & 19 July | 2 & 16 Aug



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MY JOURNEY INTO BEEKEEPING – PART 1

I have always wanted to keep bees, so I was delighted when my family gave me a day's beekeeping course at Cotswold Bees for Christmas in 2021. Inspired by Serena Watts's talk on beekeeping in the church in May 2022, I spent a great day at Adam Henson's Farm Park learning about these amazing creatures and the basics of what is involved in keeping them. Unfortunately, unlike nearly any other day in June, it was cold and wet so we were unable to open the hives and start handling them. Now, whilst the idea of keeping hives in the garden, watching these creatures at work and hopefully ending up with a few jars of honey sounds idyllic, I had to be sure that, when faced with taking off the hive's roof I could cope with the up to 50,000 bees that may see me as a threat! Serena came to the rescue and invited me to join her and her 'Bee Club' (which consisted of a small group of Year 6 pupils) at Englefield Primary School. Rather than experiencing any doubts, the sight (and sound) of honeybees at work confirmed that I wanted my own bees.



The first step was to join the local Beekeeping Association, in this case based in Newbury. This not only introduced me to a very friendly and helpful group and provided insurance cover (should anything go wrong!) but also runs both theory and practical courses for those new to beekeeping. Next, I ordered my flat packed hives and the bees. The best time to start new colonies is in April when nectar and pollen becomes more available, so I knew I would have to wait but it gave me plenty of time to read as much as I could and look at all the catalogues for equipment I may or may not need! The theory course, which ran for six weeks in November and December was an eye opener but I decided that several hours a week beekeeping was nothing to the several hours a day I spend looking after the chickens and ducks! The Club held a hive building day in March which was a Godsend, not being the most practical of people. Fortunately my son Ed, who is, came and by the end of the afternoon we had one hive and super built plus the frames to go in them. By the next day the second one was ready – all I needed now was the bees.

With the spring so wet and cold the bees finally arrived slightly later than hoped towards the end of April. Not unexpectedly it started to rain as we were putting the

frames of bees into the hive and wet is one thing they don't cope with very well. With the roof back on I had an anxious few days watching to make sure they had settled into their new home and were starting to go out foraging. I need not have worried – the first inspection a few days later showed the bees had started to draw out the wax on the frames and were making themselves at home. Weekly inspections are crucial when keeping bees – checking that the queen is laying, that the nursery bees are tending and feeding the brood and that there are no signs of pests or disease. Added to that there is the ever present threat of the bees swarming this time of year so you need to make sure the bees haven't made cells to produce a new queen and that there is plenty of room in the hive for the growing colony.



Two weeks ago I added a second layer to the hives, known as a 'super'. This provides the bees with the extra space they need with frames to produce the honey they need to feed everyone plus, hopefully, some extra for us. This week, I have added another 'super' as honey production has really stepped up. With any luck in the next few months I will be able to put some of that surplus into jars but that will be for the next bulletin . . .

Karen Elliott

A promotional poster for a meeting. On the left, there is a black and white photograph of a cup of coffee with a heart-shaped latte art on a saucer. To the right of the coffee, the text reads: "Hampstead Norreys Village Hall", "Thursday 20 July, 7:30pm", "Andrew Chapman", "London School of Supernatural Ministry, helping people hear from God", and "ALL WELCOME". At the bottom left, there is a URL: "facebook.com/downland fs". On the right side, there is a black teardrop-shaped logo with the text "THE FILLING STATION" and "DOWNLAND" below it.

Hampstead Norreys Village Hall
Thursday 20 July, 7:30pm

Andrew Chapman
London
School of
Supernatural
Ministry, helping
people hear from God
ALL WELCOME

facebook.com/downland fs

THE FILLING STATION
DOWNLAND

ENGLEFIELD'S FIVE A DAY MARKET GARDEN DEPENDS ON VOLUNTEERS!

For more than a decade, volunteers have played a vital role in developing Englefield's Five a Day Market Garden as a source of healthy naturally-grown produce and to offer an outdoor therapeutic and educational environment. They continue to provide regular support.

Individuals attend every week to maintain the fruit and vegetable beds, with more demanding tasks being carried out by groups such as Conserve Reading on Wednesday (CRoW) and corporate work parties from Vodafone, Virgin Media and several other local companies. These visiting groups have built and maintained compost bays (and filled them regularly), dug and prepared vegetable beds, replaced a pond liner, secured the boundaries against invading rabbits, painted sheds and re-roofed a pergola.

Older people regularly visit Five a Day to help with gardening, enjoy tea and cake, and have a good chat. Recently a raised flower bed was installed to make it easier for the less agile to tend plants.

A regular task early each year comprises harvesting willow beds, with bundles of cuttings being sold, some to a tutor who teaches basket-weaving for therapeutic purposes. As Lockdown restrictions eased, groups of five CRoW volunteers were particularly eager to spend three socially-distanced mornings working in the beds.

The CRoW archives contain photographs of the group's activities dating back to 2007, early in the garden's development, when members planted a new willow bed, pushing unrooted cuttings into the soil which had been covered with black polythene to suppress weeds and retain moisture. In the background of some photographs is a large expanse of empty dug-over earth stretching towards the village school. It's very rewarding to see how the area has been developed and is now completely covered by beds growing a range of produce, thanks to the efforts of so many volunteers.

Some volunteers of that era retain prickly memories of clearing some very mature gooseberry bushes that were covered with cleavers and bindweed. Selected plants were dug out and re-planted elsewhere, and the empty beds filled with raspberries that provide a great crop every Autumn.

Five a Day is now a registered charity and part of the Reading Green Wellbeing Network (RGWN).

Terry Crawford

SULHAM FARM NEWS

A long awaited dry spell has enabled us to progress with land work for the Stewardship margins. These are now seeded and awaiting rain. The mixes will be in for one to two years and are tailored to help specific features. Winter bird food plots have been created in School meadow and along Nunhide Lane to provide a food source for birds during the 'hungry gap'. Grass margins in the fields along Sulham lane aimed to prevent nutrient run off and provide alternative habitat, and a plot of flowering legumes to help pollinators by the Dovecot. Elsewhere on the farm, haylage making is progressing and we are currently starting machinery preparations for harvest.

Andrew Clay



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TIDMARSH MILLENIUM GREEN CORONATION PICNIC

In April, we saw a large banner tied to the Millennium Green roadside fence, announcing the Village Coronation Picnic to be held on Sunday May 7th, the day after King Charles 111 and Queen Camilla were to be crowned at Westminster Abbey.

So it was that some 30, mainly Tidmarsh villagers and their friends, went with their gazebos, chairs, tables and hampers of food, to celebrate this historical and joyous occasion. Soon bottles of sparkling wine and other drinks were filling glasses and toasts were made. That afternoon we chatted to familiar faces and introduced ourselves to others. There was a heart-warming feeling of pride and togetherness that day.

Fortunately, the weather was ideal and with the grass, which had been freshly mown by Brian Murby, the green looked at its best.

Thanks must go to the Greyhound and their staff for providing a bar for beer, wine and soft drinks. However, not realising this had been arranged, many of us had unfortunately brought our own.

In all, it was a lovely happy day amongst family, friends and neighbours, and one we will all remember.

John Butler



ST NICHOLAS

The church was filled with flowers at the beginning of May and the bells were rung to celebrate King Charles III coronation on May 6th. Many visitors came and enjoyed the beautiful floral displays.



SULHAM VILLAGE CORONATION LUNCH

On Sunday 7th May, the residents of Sulham were treated to a delicious lunch, to celebrate the coronation of King Charles III and Queen Camilla.

The sun was shining, the fizz was flowing and the atmosphere was light and jovial. The carefully prepared menu included many homemade, delightful dishes, but for me, the Crowning Glory had to be the deliciously created Coronation Quiche.



Our annual Village Lunch is always well attended and provides an opportunity for friends and neighbours to spend a few quality hours together. This particular event was extra special, because it also enabled newer members to be welcomed into our community.

Therefore, I would like to thank Gill, Gillian, Sally, Lucy and their team, for their hard work in creating such a splendid event.

Karen Fountaine

LITTER PICK

On the bank holiday Monday following the coronation, an intrepid group of villagers ventured out into the rain to pick up litter along Mill Lane and Sulham Lane as part of the Big Help Out. A total of eight bags of rubbish were collected, ranging from a dirty nappy, a pair of socks to lots and lots of drinks cans. Thanks to all those who volunteered their time to keep our environment looking its best.

Lucy Clow

GARDENING CALENDAR

Spring was very slow in arriving this year, but that has given plants longer to gather their strength, and with the warmer weather suddenly upon us there has been an explosion of growth and colour to reward us for the long cold wait. Here are some key jobs to tackle in the coming months:

JULY

- Plant a container of Mediterranean herbs: Aromatic herbs such as thyme and rosemary are expensive to buy yet easy to grow. Plant a few in pots or a large trough placed in a sunny spot near your kitchen door.
- Keeping on top of weeds continues to be a top priority. Water plants well during the early or late, cooler part of the day and apply a mulch to help retain moisture. Better to water well periodically than a scattering daily. Pick sweet peas every ten days and regularly deadhead spent flowers from perennials and annuals to keep them blooming. Feed flowers in pots with an all-purpose fertilizer regularly.
- Pinch out tomato side shoots each week and cut off any leaves growing below the lowest ripening fruit trusses. Feed with diluted tomato fertiliser weekly. Pick runner beans regularly to prevent them becoming stringy and to make room for developing pods.
- Harvest early crops; consider picking young veg to provide a sweeter and fresher addition to your plate.

AUGUST

- Once your summer-fruiting raspberries have finished cropping, cut out the stems that bore fruit this year. This encourages new stems to grow from the base, which will carry fruit next summer.
- Camellias and Rhododendrons need to be well watered at this time of year to ensure that next year's buds develop well. Stake tall dahlias and lilies to prevent wind and rain damage. Trim lavender plants after flowering to keep them compact, but don't cut into woody stems.

SEPTEMBER

- A good time to plant new perennials as the soil is still warm but there is generally more rainfall. If you have clay soil, improve it now before it becomes too wet or frozen through incorporating organic matter and/or horticultural grit.

- Keep deadheading annuals and perennials to extend their performance to first frosts; keep watering hanging baskets and containers. Chrysanthemums and Sedum brighten up your borders.
- Foxgloves, wallflowers and violas can be planted out for next year. Sow sweet peas in a cold frame for strong plants next year. Divide herbaceous perennials such as delphiniums so they can establish roots before winter.
- Plant garlic bulbs at the end of month in a sunny spot for next year. Start planting autumn onion sets. Pot up strawberry runners to make extra plants for next year.

Alan Maskell & Lucy Clow



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Hosts Stuart and Natasha

Our local pub has had a very busy time of it in the past few months. Watching the thatch being replaced at the end of March was an interesting sight and the finished result looks fantastic. I took time to stop and have a word with the thatching team who had some of the worst weather to cope with at the end of March and early April.

The roof was being completely redone having been replaced approximately 15 years ago. The work was carried out by Jack Challis, Master Thatcher and his able team of Kye, Ashley and Tyler. The material used was reed from Somerset Levels and Norfolk Broads and many hundred bundles were used to cover the whole area. The fantastic finish gives a waterproof cover which should now last for 30 years with an interim touch up of ridge and valleys in 15 years time. The final flourish is the “Dog” on the roofline which is a feature making it very unique and quite a landmark.



The Finished Result

Showing quite remarkable craftsmanship in a craft which survives and continues to flourish.

It looks at its best now with a golden hue in the evening sun.

One member of the team had just started as an apprentice in thatching. I look forward to seeing him back in 30 years time!

Quiz Night

The Sunday Quiz in the Greyhound is a popular event and teams competed through the winter months. The winning team by a large margin with very consistent scores were

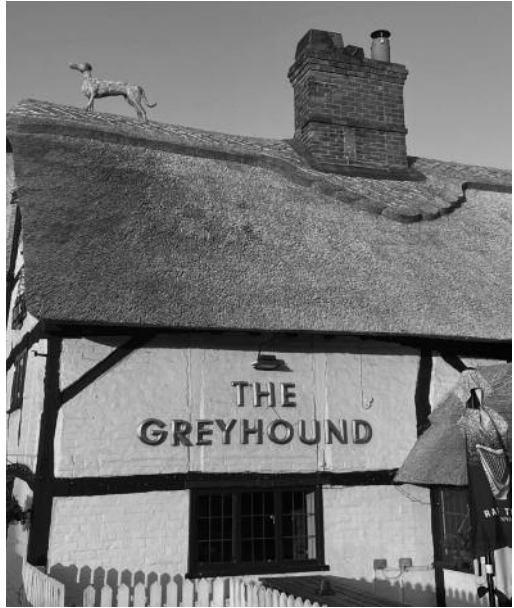
TNT Squared made up of Toni, Tom, Jan and Rick. The quiz is a super fun event and a new season has just started so do come along and join in. Stuart is question master and gives everyone a chance of winning with Joker rounds and a last round of double or bust !

Prizes are vouchers for meals and the entry proceeds go to a nominated charity. The end of the winter programme raised £285 for Pensions for Paws

Stuart and Natasha are welcoming hosts and do everything to support the two villages.

Keep an eye for their food specials from Sunday Lunch, Pizza evenings, pie and a pint, Burgers 4 for 2 and Friday steak night. The facebook page is a good way to keep up to date with events and sample some great food and drink.

John Haggarty



SEASONAL RECIPES FROM THE OLD SCHOOL KITCHEN

Summer at last, and the last thing you want to be doing is slaving over a hot stove, when you could be outside, drinking a beer, a Pimms, a Margarita (or a lemonade – heaven forbid, but I suppose it's all liquid and will keep you hydrated!!!). So – one meat dish, two side dishes, one you can make in advance, one you assemble at the last minute and a dessert you can definitely prepare in advance.

CHICKEN SCHNITZEL

Gordon Ramsey from a book called *Chefs at Home* written during lockdown – serves 6

(Chef M's tip – although I haven't tried it, I think this would be good in a burger bun with slaw, pickled gherkin slices etc, and I also don't know if, rather than in the oven, you finished them off on the BBQ. Cooking is all about experimentation.)

- 6 chicken breasts
- 100g finely grated parmesan
- 250ml whole milk
- Olive oil for frying
- 3 eggs
- Salt and pepper
- Plain flour
- 250g fresh breadcrumbs

(Chef M's tip – use breadcrumbs in a packet or Panko, just don't use Paxo golden breadcrumbs – the oldies, including us, will remember those. And if you use packet crumbs you will have energy left to grate the parmesan)



Preheat the oven to 200C/180C fan/gas mark 6. Slice the chicken breasts along the length and open up like a butterfly. Place one breast between two pieces of cling film and bash out with a rolling pin or meat hammer until 5mm thick. Repeat with the rest.

Mix milk and eggs in a bowl. Put flour on one plate, and mixed parmesan and breadcrumbs on another (Chef M's tip – put flour and a little salt and pepper in a plastic bag – add the chicken and shake until coated).

One piece at a time – dust the chicken in the flour, then the egg mixture and dip into breadcrumbs ensuring it's well coated. Repeat etc.

Heat 4-5 tablespoons of oil in a large frying pan over a high heat. Add chicken escalopes in batches if necessary. Don't overcrowd. Fry 2.5 minutes on each side or until golden all over (Chef M's tip – watch the colour – our stove is very hot and it took less time). Press down on breast with a flat spatula to ensure the crust is evenly coloured.

Place on a baking tray, transfer to the oven for 5-6 minutes until chicken is cooked through.

POLISH CUCUMBER SALAD – *family recipe*

- 1 very large cucumber, peeled and thinly sliced
- 1 bunch of dill – finely chopped
- 1 tub of sour cream
- 1 teaspoon of lemon juice
- 1 pinch of sugar (or more if lemon is sharp, taste, taste, taste)
- Salt and black pepper to taste

Sprinkle salt over cucumber in a bowl. Let stand until the cucumber is soft – about 5-10 minutes. Squeeze liquid from cucumber and strain in a colander.

Tip into a bowl, add dill. Mix sour cream, lemon juice and sugar in another bowl then mix the two bowls together until the cucumber is coated. Chill completely before serving – about 1 hour.

BEETROOT WITH HORSERADISH – *recipe by Chef M*

Cooked beetroot – there are various ways to cook beetroot, not in vinegar. The best way is to cut the leaves off fresh beetroot, wash then wrap each beetroot in foil. Place on a baking tray and roast at 200C for 1.5 hours depending on size. Let cool – then they become easy to peel, and slice. Alternatively buy cooked fresh beetroot in packs. Both M&S and Waitrose sell them.

Mix Greek yogurt with hot horseradish to your personal taste. Add salt, again to taste, and arrange on a plate with sliced beetroot on top. Toasted pine nuts would be a nice addition and maybe a squeeze of lemon juice.

ANTON'S MANGO DESSERT

This recipe is from our very dear friend Anton, a very good cook from South Africa. He suggests serving in a glass bowl as it looks so pretty. It's no cook so once again get that cocktail shaker working. (*Chefs tip – buy a really good icemaker from Nisbets if you have room for that and you don't have a plumbed in fridge/freezer*).

Slice fresh mango into the bottom of the dish – don't hold back – plenty. Top with Greek yogurt – (our current favourites are Yeo Valley, Timms and M&S). Again – be generous.

Top with sprinkled Muscovado sugar and chill.

Jules Reynolds & Margaret Myszor

THE ICONIC PANGBOURNE LANE

Known as “the Pangbourne Lane”, the A340 south of Tidmarsh once held iconic status among Britain’s cyclists.

It was the start and finish of “out and home” time trials of several distances, the courses being popular because of their flat roads that helped fast times,

For many years, time trialling had been the only cycle competition allowed on British roads after the sport’s governing body had banned bunched races in the 1890s. Riders would depart at minute intervals and race individually against the clock over a precisely-measured course. When one caught another, he (for many years there were very few women racers) had to overtake as quickly as possible, with any hint of “company riding” resulting in disqualification.

The first riders started close to dawn, no prior publicity was allowed, and course and event details were given in a handbook issued only to members of the Roads Time Trials Council. Courses had specific code numbers, with the start and finish close to one another.

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The premier time trial of the year was the “Bath Road 100”, held every year on August Bank Holiday Monday. Originally, the start and finish were near Hounslow, but urbanisation forced their move to the A340. Riders would race through Tidmarsh towards Abingdon, turn before the Thames and re-trace through the start area, then proceed west along the A4 to just beyond Froxfield, where they turned again and raced to the finish on the A340, which was lined with spectators encroaching on the road. The hope was for a rising and helpful south-westerly wind for the final 28 miles.

Some competitors would ride out the day before and camp overnight, breakfast being available from “Ron Mellets’ tea wagon” in a field where the M4 bridge now is. Others would stay in old railway carriages in the car-park at Mac’s Café on the A4. (Word had it that sheets were changed once a week, irrespective of the number of guests who had slept in them.) Richer riders bedded down at the Lamb in Theale, where private houses also offered accommodation – until the taxman showed interest in the payments.

The event always attracted the country’s top riders, the one in 1956 especially so. The favourite was Ray Booty, twice a winner, who rode down from Nottingham the day before. He completed the hundred miles in 3 hours, 58 minutes and 28 seconds, beating the runner-up by 12 minutes. He rode a steel-framed bicycle and used a single “fixed” gear” (so could not freewheel). Being a Bank Holiday, the day was very wet but the rain seemed not to trouble the bespectacled Booty.

The hundred-mile course was used, with variations, until the 1960s, by when the growth of Newbury and Thatcham and a string of traffic lights made it unviable. And by then time triallists were favouring dual-carriageway courses where the “suck & blow” effect of passing traffic caused artificially-faster times.

There’s a ten-minute film of the 1956 event on YouTube: “Veteran-Cycle Club video archive - Bath Road 100 1956”, and Google “Macs cafe sabre-roads” for the story of Mac’s Café.



Harry Earnshaw winning the 1938 event in 4 hours, 29 minutes and 1 second.

Terry Crawford

A LONG WEEKEND IN FIFE, SCOTLAND

Many people visit Glasgow or Edinburgh for city breaks, but if you are looking for an alternate area of Scotland to explore which is easy to access, I suggest Fife, an area I have visited many times.

Getting There

The county of Fife – known in Scotland as “The Kingdom of Fife” – is situated between the Firth of Tay and the Firth of Forth, with inland boundaries with Perthshire and Kinross-shire and is just a short drive north west of Edinburgh over the Forth Road Bridge. If you do not wish to make the long drive north, there is a very pleasant train journey from London to Waverly Station in the centre of Edinburgh or numerous flights from Heathrow and Luton airport. Trams and bus routes speedily link the rail station and city centre to the Airport, which is an ideal location to pick up a hire car.

Things to See and Do:

DUNDEE – SCOTLAND’S 4TH LARGEST CITY

Driving up the A92 and into the city over the Tay bridge you are greeted by the magnificent vista of the Port and waterfront. Take a left and park up in the long stay car park near the rail station. From here is it a couple minutes’ walk to the **V&A**:



Opened in 2018 this wonderful building is worth spending a couple of hours to wander through the galleries and see the special exhibitions . Did you know Dundee was known for Jam (Keillers marmalade), Jute (ropes and linen) and Journalism (Publishers DC Thomson & Valentines card factory) – there is information on all of these! The café overlooking the Tay serves good coffee.

Next door is **HMS Discovery** – the ship that took Scot to the Antarctic and then made many return journeys to Antarctica and Northern Canada. The exhibition is brilliantly done and a trip up to the tower gives you more history of the city and wonderful views over the waterfront.



If you still have some energy , walk into the city (a 5 minute walk away) and visit **The MacManus Centre** – It is a quirky masterpiece of Victorian architecture – styled more like a cathedral or a fairy tale castle than the museum and art galleries it houses.



ST ANDREWS – THE HOME OF GOLF!

There is lots to do and best seen on foot. The **R&A World Golf Museum** is a must for golf enthusiasts as is a walk over the course. On Sundays no golf is allowed to be played and you can walk the length of the Old Course. From here, you can re-live “Chariots of Fire” by walking along the spectacular beach or take a walk up through the town to see

The **Old Castle ruins** and the **medieval Cathedral** (entrance free). Carry on past the Cathedral and you will walk down to the **harbour** which is very pretty and often overlooked by tours. Fishing boats still come and go here.

On the way back down through the town you cannot fail to see St Andrews **University buildings** and the café where Wills met Kate! There are lots of good places to eat – I recommend “The Bothy” if you like a modern take on Scottish classics (booking advisable).

A short drive from St Andrews is the **Kingsbarn Distillery** (KY16 8QE), where both whiskey and gin are made. Excellent tours can be booked on the day. From here you can walk down onto the beautiful Kingsbarn beach (mind the flying golf balls – there are courses everywhere!) Also a short walk away, adjoining the distillery, is **Cambo Estate** House and Gardens – allow at least an hour for your visit.

While you are close to St Andrews, don’t miss **Scotland’s Secret Bunker** (KY16 8QH). For over 50 years this secret underground Nuclear Command Centre was undiscovered – it was built in 1953 during the Cold War and only decommissioned in 1992. It was opened to visitors just a few years ago.

Next stop in this part of Fife is a drive along the coast to the very pretty fishing village of **Crail**, and then further along drive to **Anstruther** to eat at the best fish and chip shop in Scotland “Anstruther Fish Bar” – it will be the one with the queue outside it!

On your return, drive to Edinburgh where there are other delights if you still have time:

- The **Scottish Deer Centre** (KY15 4NQ).
- **Loch Levens Larder** (KY13 9HD) for a wonderful lunch or brunch stop plus a walk around the Loch – you can take a boat across to the island to visit one of the many castles that Mary Queen of Scots stayed in during her exile.
- Finally, before you drive across the new road bridge – take a detour and visit Queensferry to see Brunel’s **Forth Rail Bridge** up close; it really is another wonder of Victorian engineering skill.



Gill Haggarty

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Demonstration Evening

Pop into Timeless Clinic for our demonstration evening on Monday, 4 September from 6pm to 8pm where you can have a taster session on our Visia machine and get your skin analysed, also see all our other treatments being performed.



OSTEOPATH'S TIPS FOR TENNIS ELBOW



With summer on the way, we've been seeing a huge number of our patients dusting off their tennis racquets and enjoying getting back into the swing of their favourite sport.

After a long winter without playing tennis and probably a bit too long spent working on the laptop however, many have started to experience symptoms of tennis elbow.

Lateral epicondylitis (tennis elbow) is a type of repetitive strain injury called an enthesopathy, usually of the extensor carpi radialis brevis (ECRB) muscle. Tennis elbow primarily results from overload caused by activities that involve loaded and repeated gripping and/or wrist extension.

The most effective treatment for tennis elbow is a combination of Osteopathic treatment techniques, Acupuncture and Shockwave therapy, alongside personalised exercise rehab prescription.

If you're unable to book in with your practitioner or you'd like to try and nip the initial symptoms of tennis elbow in the bud, here's some tips to try to help you self-manage this painful condition:

- **Warm up before exercising.** Warming up before exercising can help to prevent injuries by increasing blood flow to the muscles and improving flexibility.
- **Ice.** Applying ice (or a bag of frozen peas) to the affected area for 20 minutes at a time, several times a day, can help to reduce inflammation and pain.
- **CBD infused muscle rub.** We stock Puresport's version in the Formula Health clinic and love their effective natural anti-inflammatory ingredients.
- **Compression.** Using a specific elbow strap on the affected arm that applies a point of pressure into the extensor muscles in the forearm can help to offload the irritated tendon.

- **Kinesiotaping.** Can further offload the forearm muscles and tendons and can help to reduce swelling and pain.
- **Infrared calf sleeves.** We often recommend using our infrared calf sleeves (usually for runners and cyclists), instead as a forearm sleeve over the affected area, to promote blood flow and accelerate healing. (Gemma often uses these with mechanics, drivers and motocross riders that experience similar problems).
- **Stretching.** Once the pain has subsided, gentle stretching exercises can help to improve flexibility and range of motion in the forearm.
- **Joint mobilisation.** This involves gently moving the joints in the shoulder, elbow and wrist to improve active range and reduce pain.
- **Strength training.** Once the pain has reduced, specific resistance exercises can help to improve the strength of the forearm muscles and the stability of the joints.
- **Eccentric loading exercises.** Slowly lengthening the tendon whilst under load is one of the most effective ways to rehabilitate a damaged tendon.
- **Listen to your body.** If you're feeling pain, stop what you're doing and rest. Don't push yourself too hard, as this could make the pain worse.



It's important to note that, despite this condition often being very painful (and really inconvenient), with a proper treatment and rehab plan, most people with tennis elbow make a full recovery and have no problem returning to the sport they enjoy!

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It is so nice to be writing this with the sun shining outside and our younger children out doing their woodland learning. We seem to have waited a long time for a glimpse of summer but it really feels as if it's on the way now.

A huge well done to the Year 3/4 class for putting on a fantastic production of the Diwali story just before Easter. The acting, speaking and singing were super; so many children had individual speaking and singing roles . . . a wealth of talent! Performances are such a good way of growing children's self-confidence – it was particularly lovely to see some of our quieter children 'giving it their all'. A high thank you to parents for helping their children learn their lines and to Miss Stuart and Mrs Jackson for bringing the whole show together.



Well done to the eleven children who performed in our concert at the end of the Spring term. We heard piano, flute, guitar, recorder and drum performances. As one young member of the audience said, 'I am making happy memories'.



We all learned about the importance of helping others from Lily and Ryleigh who went out of their way to support good causes. Lily raised much-needed funds for the British Red Cross's Turkey/Syria Earthquake Appeal. Lily put together a tempting Easter basket of chocolate treats and sold tickets in school. She raised £151 for the appeal which was a great outcome. Ryleigh slept outside in the wind and rain, taking part in The Big Tommy Sleep Out, raising money for homeless ex-servicemen and women (both her dad and step-dad are ex-servicemen). She raised a grand total of £310. As a school we raised £328 for Comic Relief, another excellent cause.

Four of our Year 5/6 pupils joined six other schools at the 'There is Only One Earth Climate Summit'. Each team had to present an idea which they would be promoting in their own schools to tackle the climate crisis. Will and Pharrell prepared a presentation about eco-lunches. They hope to provide information to parents on how to create packed lunches that are more nutritious, more environmentally friendly and also



cheaper. Lily and Sophie's idea involved developing an Englefield Primary School copse on Englefield Estate land. Alok Sharma MP spoke to all the participants about their ideas.



The school community came together for a very poignant yet joyous occasion – the grand opening of Ruby's Garden. The White family, along with friends and colleagues, have worked tirelessly to develop this wonderful garden which will be tended and cherished by many pupils, staff and parents in the years to come. It contains raised beds, work benches, a greenhouse and compost bins, raspberry canes and a lovely sitting area made from a sawn tree trunk where children can hear a story or just sit quietly and enjoy their

surroundings; some are already making use of this at breaktimes. In the centre of the garden is a beautiful cherry tree. The children have already begun to grow and nurture their plants, and we are taking one photograph a week over the coming year to see how the garden flourishes.



Mrs Elliott kindly gave Mrs Sheppard's class some eggs to hatch. Out of the twenty-one eggs (a mixture of Appenzeller Spitzhaubens, Pekins and Heinz 57 varieties), ten chicks hatched and are now tweeting merrily in the classroom!



Eleven of our choir sang at the Bradfield May Fayre. They were well supported by other pupils and made a lovely sound. It was so nice to welcome this great local event back into our school calendar.

Finally, a reminder that the Englefield Flower Show and school Summer Fayre will be held in the school grounds on Saturday 1st July. The children are busy practising the Maypole in readiness! We would love to see a big crowd again like last year, enjoying all the fun. It would also be great to see lots of entries in the tent. Please let us know if you can help, either before or on the day itself – the more, the merrier!

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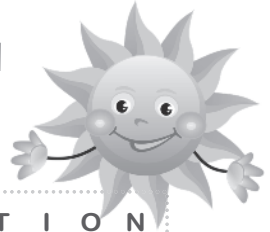
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For further information, please contact

Peter (0118) 9311 488 or

email info@heraldgraphics.co.uk



**HERALD
GRAPHICS**

272-274 Elgar Road Sth,
Reading, Berks
RG2 0BZ

SAYINGS AND THEIR MEANINGS

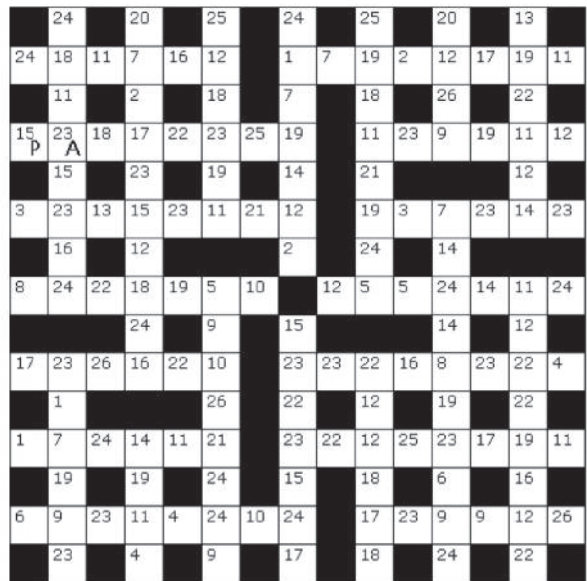
'Cold Feet': Originating from a military term, when warriors who had frozen feet were not able to rush into battle.

'Giving the cold shoulder': Currently considered to describe someone rude, this saying was actually considered an act of politeness. During medieval times in England, after everyone was done feasting, the host would give his guests a cold piece of meat from the shoulder of beef or pork as a way of showing that it was time for everyone to leave.

CODEWORD

Codewords are like crossword puzzles, but instead of clues, every letter of the alphabet has been replaced by a number, the same number representing the same letter throughout.

You have to decide which letter is represented by which number. To start you off, we reveal codes for some of the letters. Fill in these letters in the puzzle and start guessing words and discovering other letters.



A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

Answers will be posted on the parish council portal
<https://www.tidmarshwithsulham.co.uk/magazine.htm>

Tennis answer: John Harland

LOCAL INFORMATION

Advice and Support

West Berkshire Citizens Advice Bureau

Bartholomew St, Newbury 01635 516 605

Pangbourne and District Volunteer Centre

Mon-Fri (ex Tue) 9:30-11:30 am 0118 984 4586

Ecclesiastical

The Church of England Parish of Pangbourne with Tidmarsh and Sulham (PTS)

Priest in Charge of Pangbourne with Tidmarsh and Sulham

Rev Mark Hopkins

The Rectory, St James Close, Pangbourne

0118 984 2928

rector.ptschurches@gmail.com

Church Administrator

Vanessa Saunders

Church office open Tuesday and Friday

12.00-3.00pm

office.ptschurches@gmail.com

Church Wardens for St James, Pangbourne; St Laurence, Tidmarsh; St Nicholas, Sulham

Jill Palfrey 0118 984 2698

Julia Sheppard 0118 956 1820

PCC Treasurer

Stephen Billyeald 0118 984 3368

PCC Secretary

Helen Hopwood 07733 106020

Friends of St Laurence

Chairman

John Chishick 0118 984 3666

Treasurer/Secretary

John Butler 0118 984 2621

Emergencies 999

All non-emergencies 101

Floodline 0345 988 1188

Medical

The Boathouse Surgery

Whitchurch Rd, Pangbourne 0118 984 2234

NHS Direct

111

Berkshire West Primary Care Trust

Reading office 0118 950 3094

West Berkshire office (Newbury) 01635 42400

Government

MP for Reading West

Alok Sharma (Conservative) 0118 945 4881

Councillor for the Pangbourne Ward

Matt Shakespeare (Liberal Democrats)

matthew.shakespeare1@westberks.gov.uk

Tidmarsh with Sulham Parish Councillors

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chairman@tidmarshwithsulham.co.uk

Jonathan Pearson (Vice Chairman)

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Solvej Biddle

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District councillor

Matt Shakespeare

matthew.shakespeare1@westberks.gov.uk

Public Transport

Rail Travel

First Great Western	08457 000 125
National Rail Enquiries	08457 48 49 50
TrainTracker (train times/fares)	0871 200 49 50

Bus Travel

DJ Travel (Tidmarsh Fri Service)	0118 933 3725
Reading Buses	0118 959 4000
Newbury Buses	01635 567500
Thames Travel	01491 837988

Traveline

National/local bus, train, coach, ferry and underground info	0871 200 22 33
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Scouts and Girl Guides

1st Purley & Pangbourne Scout Group	
Registration Secretary	regsec@1stPandP.org.uk
Girl Guides	0800 169 5901
	www.girlguiding.org.uk

Village Hall Committee

Alan Maskell	0118 984 5326
Hall Bookings (Hilary Innes)	0118 984 2561
Emergency Contact	07954 140048
Email:	tidmarshvillagehall@hotmail.com

West Berkshire District Council

Main switchboard	01635 42400
Streetcare	01635 519080
Planning applications	01635 519111

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